

# Bacon, Egg and Cheese Croissant

## Nutrition Facts

Serving Size 1 Sandwich (126g)

Servings Per Container 1

Amount Per Serving

**Calories** 381 Calories From Fat 225

		% Daily Value*
<b>Total Fat</b>	25g	38%
Saturated Fat	8g	39%
Trans Fat	5.00	0%
<b>Cholesterol</b>	229mg	76%
<b>Sodium</b>	571mg	24%
<b>Total Carbohydrate</b>	27g	9%
Dietary Fiber	<1g	0%
Sugars	4g	

**Protein** 14g

Vitamin A 8% ● Vitamin C 0%

Calcium 10% ● Iron 15%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

		Calories	2,000	2,500
Total Fat	Less than	65g	80g	
Sat Fat	Less than	20g	25g	
Cholesterol	Less than	300mg	300mg	
Sodium	Less than	2,400mg	2,400mg	
Total Carbohydrate		300g	375g	
Dietary Fiber		25g	30g	

**Ingredients:** Fresh Eggs; Croissant (Enriched Flour, Water, Partially Hydrogenated Soybean and Cottonseed Oils, Sugar, Yeast, Wheat Gluten, Egg Whites, Salt, Butter, Nonfat Milk, Soybean Oil, Soy Flour, Casein, Calcium Salts, Natural and Artificial Flavors, Soy Lecithin, Ammonium Sulfate, Mono and Diglycerides, Sodium Phosphate, Potassium Sorbate, Citric Acid, Enzymes, Artificial Color, Vitamin A Palmitate, Carrageenan, Ascorbic Acid, Azodicarbonamide, Calcium Phosphate, Calcium Sulfate); American Cheese (Cultured Milk, Skim Milk, Water, Cream, Sodium Citrate, Salt, Sodium Phosphate, Sorbic Acid, Citric Acid, Acetic Acid, Enzymes, Soy Lecithin); Bacon (Bacon cured with Water, Salt, Sugar, Smoke Flavoring, Sodium Phosphates, Sodium Erythorbate, Sodium Nitrite).

**Allergy Information:** Eggs, Milk, Soybeans, Wheat

