

Blueberry Blast Smoothie

Nutrition Facts

Serving Size 12 Fluid Ounces (258g)

Servings Per Container 1

Amount Per Serving

Calories 159 **Calories From Fat** 0

		% Daily Value*
Total Fat	<1g	0%
Saturated Fat	<1g	0%
Trans Fat	<1 g	0%
Cholesterol	<1g	0%
Sodium	1mg	0%
Total Carbohydrate	39g	13%
Dietary Fiber	3g	12%
Sugars	32g	

Protein <1g

Vitamin A 1% ● Vitamin C 111%

Calcium 0% ● Iron 1%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

		Calories	2,000	2,500
Total Fat	Less than	65g	80g	
Sat Fat	Less than	20g	25g	
Cholesterol	Less than	300mg	300mg	
Sodium	Less than	2,400mg	2,400mg	
Total Carbohydrate		300g	375g	
Dietary Fiber		25g	30g	

Ingredients: Ice; Strawberry Base (Strawberries, Water, Sugar, Red Extract, Lime Concentrate, Lemon Concentrate, Citric Acid, Natural Flavor, Ascorbic Acid); Water; Wild Maine Blueberries.

Allergy Information: