

Broccoli Florets

Nutrition Facts

Serving Size 1/2 cup (46g)

Servings Per Container 1

Amount Per Serving

Calories 13 Calories From Fat 0

		% Daily Value*
Total Fat	<1g	0%
Saturated Fat	<1g	0%
Trans Fat	<1 g	0%
Cholesterol	<1g	0%
Sodium	12mg	1%
Total Carbohydrate	2g	1%
Dietary Fiber	<1g	0%
Sugars	<1g	

Protein 1g

Vitamin A 28% ● Vitamin C 71%

Calcium 2% ● Iron 2%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

		Calories	2,000	2,500
Total Fat	Less than	65g	80g	
Sat Fat	Less than	20g	25g	
Cholesterol	Less than	300mg	300mg	
Sodium	Less than	2,400mg	2,400mg	
Total Carbohydrate		300g	375g	
Dietary Fiber		25g	30g	

Ingredients: Broccoli Florets.

Allergy Information: