

Cajun Jack Burger

Nutrition Facts

Serving Size 1 Sandwich (260g)

Servings Per Container 1

Amount Per Serving

Calories 679 Calories From Fat 423

		% Daily Value*
Total Fat	47g	73%
Saturated Fat	21g	107%
Trans Fat	2.00	0%
Cholesterol	143mg	48%
Sodium	872mg	36%
Total Carbohydrate	29g	10%
Dietary Fiber	1g	5%
Sugars	6g	

Protein 36g

Vitamin A 26% ● Vitamin C 4%

Calcium 28% ● Iron 25%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

		Calories	2,000	2,500
Total Fat	Less than	65g	80g	
Sat Fat	Less than	20g	25g	
Cholesterol	Less than	300mg	300mg	
Sodium	Less than	2,400mg	2,400mg	
Total Carbohydrate		300g	375g	
Dietary Fiber		25g	30g	

Ingredients: Hamburger Patty (Beef, Water, Spices, Salt); Hamburger Roll (Wheat Flour [Barley], Water, High Fructose Corn Syrup, Yeast, Wheat Gluten, Soybean Oil, Salt, Dough Conditioners, Soy Oil, Corn Starch, Corn Flour, Soy Lecithin, Calcium Peroxide, Calcium Sulfate, Calcium Propionate, Calcium Phosphate, Calcium Iodate, Soy Flour, Spices, Flavor, Sesame Seeds); Monterey Jack Cheese (Pasteurized Milk, Cheese Culture, Salt, Enzymes); Caramelized Onions (Spanish Onions, Red Wine, Extra Fine Granulated Sugar, Olive Oil Blend [90% Vegetable Oil {Soybean and/or Canola Oil}, and 10% Imported Olive Oil], Kosher Salt, Black Pepper); Green Leaf Lettuce; Bayou Cajun Seasoning (Garlic, Spices, Salt, Onion, Paprika, Red Pepper).

Allergy Information: Soybeans, Wheat, Milk

