

# Chocolate Chip Muffin

## Nutrition Facts

Serving Size 1- 6.25 oz muffin (177g)

Servings Per Container 1

Amount Per Serving

**Calories** 640 **Calories From Fat** 315

		% Daily Value*
<b>Total Fat</b>	35g	54%
Saturated Fat	8g	40%
Trans Fat	<1 g	0%
<b>Cholesterol</b>	115mg	38%
<b>Sodium</b>	440mg	18%
<b>Total Carbohydrate</b>	79g	26%
Dietary Fiber	2g	8%
Sugars	48g	

**Protein** 7g

Vitamin A 4% ● Vitamin C 0%

Calcium 8% ● Iron 8%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

		Calories	2,000	2,500
Total Fat	Less than	65g	80g	
Sat Fat	Less than	20g	25g	
Cholesterol	Less than	300mg	300mg	
Sodium	Less than	2,400mg	2,400mg	
Total Carbohydrate		300g	375g	
Dietary Fiber		25g	30g	

**Ingredients:** Chocolate Chip Muffin (Sugar, Bleached Wheat Flour, Eggs, Soybean Oil, Chocolate Chips, Water, Modified Food Starch, Baking Soda, Sodium Aluminum Phosphate, Monocalcium Phosphate, Mono and Diglycerides, Sodium Stearoyl Lactylate, Glycerol Monostearate, Propylene Glycol Monostearate, Buttermilk Solids, Salt, Natural and Artificial Flavor, Lactic Acid).

**Allergy Information:** Milk, Eggs, Wheat, Soybeans