

**MAINE STREET DINER MENU – November 23- December 11, 2009**

V=Vegetarian (no meat products); VGN=Vegan (no egg, dairy, or meat products)

<<S>> Fish/Shellfish allergy alert; <<-N>> Nut/Peanut allergy alert

**SERVED DAILY:**Chicken Tenders, Macaroni & Cheese, Smashed Potatoes, Stuffing



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week of 11/23/09	Herb Crusted Pork Loin♥ Country Fried Steak Spicy Tofu with Basil-VGN Baked Sweet Potatoes-VGN Broccoli Florets-VGN	Marinated Flank Steak White Lightening Chicken Chili Cannellini Beans and Orzo-VGN Baked Potato-VGN Corn-VGN	Roast Turkey♥ <<Baked Salmon - S>> ♥ Tofu Stuffed Portabella Mushroom Cap-VGN Butternut Squash Apple-Cranberry Bake-VGN Rice Pilaf-VGN Broccoli Florets-VGN	Closed for Thanksgiving Break	Closed for Thanksgiving Break
Week of 11/30/09	Batter Dipped Chicken London Broil with Sherry Mushroom Sauce Garden Chili-VGN Oven Browned Potatoes-VGN Corn-VGN	Cajun-Honey Roasted Pork Loin Beef Pot Pie BBQ Tempeh-VGN Long Grain and Wild Rice Chopped Spinach-VGN	Montreal Chicken Salisbury Meatloaf <<Pad Thai-N>>-VGN Parmesan Roasted Red Potatoes-V Broccoli Florets-VGN	Beef Bourguignon Herb Roasted Turkey Breast Jazzman Jambalaya-VGN Egg Noodles-V Parslied Baby Carrots-VGN	<<Lemon Pepper Haddock-S>> Pork Loin Stuffed with Spinach and Roasted Peppers Vegetable Pot Pie-V Rice Pilaf-VGN Prince William Vegetables-VGN
Week of 12/7/09	Roast Turkey Shepherd's Pie Tex Mex Bake-V Baked Potato-VGN Broccoli Florets-VGN	<<Baked Herb Crusted Haddock-S>> Apple-Stuffed Roast Pork Loin <<Sweet Potato Casserole-N>>V Tempeh with Hot Chili Garlic Sauce-VGN Green Beans-VGN	Swedish Meatballs Turkey Pot Pie Authentic Cajun Red Beans and Rice-VGN Egg Noodles-V Corn-VGN	Pork Chops with Bleu Cheese Gravy Chicken Fricassee Vegetable Cassoulet-VGN Oven Browned Potatoes-VGN Prince William Vegetables-VGN	Braised Beef Tips BBQ Chicken Hot and Spicy Noodles with Vegetables-VGN Scalloped Potatoes-V Chopped Spinach-VGN

