

Egg and Cheese Biscuit

Nutrition Facts

Serving Size 1 Sandwich (162g)

Servings Per Container 1

Amount Per Serving

Calories 417 **Calories From Fat** 189

		% Daily Value*
Total Fat	21g	33%
Saturated Fat	7g	35%
Trans Fat	3.00	0%
Cholesterol	225mg	75%
Sodium	807mg	34%
Total Carbohydrate	41g	14%
Dietary Fiber	1g	4%
Sugars	5g	

Protein 14g

Vitamin A 8% ● Vitamin C 0%

Calcium 16% ● Iron 20%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

		Calories	2,000	2,500
Total Fat	Less than	65g	80g	
Sat Fat	Less than	20g	25g	
Cholesterol	Less than	300mg	300mg	
Sodium	Less than	2,400mg	2,400mg	
Total Carbohydrate		300g	375g	
Dietary Fiber		25g	30g	

Ingredients: Homemade Biscuit (Water; Unbleached Flour; Cake Flour; Vegetable All Purpose Shortening [Partially Hydrogenated Soybean Oil, Partially Hydrogenated Cottonseed Oil with Citric Acid]; Nonfat Dry Milk; Extra Fine Granulated Sugar; Baking Powder [Cornstarch, Bicarbonate of Soda, Sodium Aluminum Sulfate, Calcium Acid Phosphate]; Salt); Fresh Egg; American Cheese [Cultured Milk, Skim Milk, Water, Cream, Sodium Citrate, Salt, Sodium Phosphate, Sorbic Acid, Citric Acid, Acetic Acid, Enzymes, Soy Lecithin].

Allergy Information: Soybeans, Wheat, Milk, Eggs