

Egg Noodles

Nutrition Facts

Serving Size 1 Cup (85g)

Servings Per Container 1

Amount Per Serving

Calories 174 **Calories From Fat** 18

		% Daily Value*
Total Fat	2g	4%
Saturated Fat	<1g	0%
Trans Fat	<1 g	0%
Cholesterol	43mg	14%
Sodium	125mg	5%
Total Carbohydrate	33g	11%
Dietary Fiber	<1g	0%
Sugars	<1g	

Protein 6g

Vitamin A 0% ● Vitamin C 0%

Calcium 2% ● Iron 8%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

		Calories	2,000	2,500
Total Fat	Less than	65g	80g	
Sat Fat	Less than	20g	25g	
Cholesterol	Less than	300mg	300mg	
Sodium	Less than	2,400mg	2,400mg	
Total Carbohydrate		300g	375g	
Dietary Fiber		25g	30g	

Ingredients: Water; Egg Noodles
(Pure Durum Semolina, Durum Flour,
Egg Yolks, Niacin, Ferrous Sulfate,
Vitamin B1, Vitamin B2, Folic Acid);Salt.

Allergy Information: