

# Egg and Cheese Croissant

## Nutrition Facts

Serving Size 1 Sandwich (121g)

Servings Per Container 1

Amount Per Serving

**Calories** 354 **Calories From Fat** 207

		% Daily Value*
<b>Total Fat</b>	23g	35%
Saturated Fat	7g	36%
Trans Fat	5.00	0%
<b>Cholesterol</b>	224mg	75%
<b>Sodium</b>	488mg	20%
<b>Total Carbohydrate</b>	27g	9%
Dietary Fiber	<1g	0%
Sugars	3g	

**Protein** 13g

Vitamin A 8% ● Vitamin C 0%

Calcium 10% ● Iron 13%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

		Calories	2,000	2,500
Total Fat	Less than	65g	80g	
Sat Fat	Less than	20g	25g	
Cholesterol	Less than	300mg	300mg	
Sodium	Less than	2,400mg	2,400mg	
Total Carbohydrate		300g	375g	
Dietary Fiber		25g	30g	

**Ingredients:** Fresh Eggs; Croissant (Enriched Flour [Wheat Flour, Malted Barley Flour], Water, Partially Hydrogenated Soybean and Cottonseed Oils, Sugar, Yeast, Egg Whites, Salt, Natural and Artificial Flavors, Wheat Gluten, Butter [Cream, Salt], Nonfat Milk, Modified Food Starch, Soy Flour, Calcium Salts, Soy Lecithin, Mono-and Diglycerides, Ammonium Sulfate, Potassium Sorbate, Citric Acid, Sodium Alginate, Artificial Color, Vitamin A Palmitate, Enzymes, Polysorbate 60, Ascorbic Acid, Azodicarbonamide, Calcium Phosphate, Calcium Sulfate); American Cheese (Cultured Milk, Skim Milk, Water, Cream, Sodium Citrate, Salt, Sodium Phosphate, Sorbic Acid, Citric Acid, Acetic Acid, Enzymes, Soy Lecithin).

**Allergy Information:** Eggs, Milk, Soybeans, Wheat

