

French Vanilla Almond Granola

Nutrition Facts

Serving Size 1/2 cup (56.7g)

Servings Per Container 1

Amount Per Serving

Calories 227 **Calories From Fat** 63

		% Daily Value*
Total Fat	7g	11%
Saturated Fat	1g	3%
Trans Fat	<1 g	0%
Cholesterol	<1g	0%
Sodium	57mg	2%
Total Carbohydrate	36g	12%
Dietary Fiber	3g	12%
Sugars	14g	

Protein 5g

Vitamin A 0% ● Vitamin C 0%

Calcium 2% ● Iron 6%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

		Calories	2,000	2,500
Total Fat	Less than	65g	80g	
Sat Fat	Less than	20g	25g	
Cholesterol	Less than	300mg	300mg	
Sodium	Less than	2,400mg	2,400mg	
Total Carbohydrate		300g	375g	
Dietary Fiber		25g	30g	

Ingredients: French Vanilla Almond Granola (Organic Rolled Oats, Organic Evaporated Cane Juice, Expeller Pressed Canola Oil, Crisp Rice [Milled Rice, Evaporated Cane Juice, Salt, Barley Malt Syrup], Honey, Corn Starch, Almonds, Natural Vanilla Flavor, Sea Salt, Epazote Leaf, Prune Powder, Cardamom Seed, Fennel Seed, Fenugreek Seed, Nutmeg).

Allergy Information: Tree Nuts