

Hamburger

Nutrition Facts

Serving Size 1 Sandwich (156g)

Servings Per Container 1

Amount Per Serving

Calories 530 **Calories From Fat** 315

		<small>% Daily Value*</small>
Total Fat	35g	54%
Saturated Fat	14g	70%
Trans Fat	2.00	0%
Cholesterol	105mg	35%
Sodium	630mg	26%
Total Carbohydrate	28g	9%
Dietary Fiber	1g	4%
Sugars	3g	

Protein 27g

Vitamin A 0% ● Vitamin C 0%

Calcium 8% ● Iron 23%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

		Calories	2,000	2,500
Total Fat	Less than	65g	80g	
Sat Fat	Less than	20g	25g	
Cholesterol	Less than	300mg	300mg	
Sodium	Less than	2,400mg	2,400mg	
Total Carbohydrate		300g	375g	
Dietary Fiber		25g	30g	

Ingredients: Hamburger Patty (Beef, Water, Spices, Salt); Roast Beef Roll (Enriched Wheat Flour, Malted Barley Flour, Water, High Fructose Corn Syrup, Yeast, Soybean Oil, Salt, Wheat Gluten, Calcium Propionate, Mono-& Diglycerides, Sodium Stearoyl Lactylate, Monocalcium Phosphate, Grain Vinegar, Calcium Sulfate, Soy Lecithin, Sesame Seeds).

Allergy Information: Wheat, Soybeans