



Hilltop Menu – Week of November 22, 2009

V=Vegetarian (no meat products); VGN=Vegan (no egg, dairy, or meat products)

<<S>> Fish/Shellfish allergy alert; <<-N>> Nut/Peanut allergy alert

DAILY: Breakfast - Eggs to Order; Lunch & Dinner - Organic Brown Rice; Pasta Bar to Order

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST	<p>BRUNCH</p> <p>Spinach & Cheese Omelet-V Cream of Wheat Buttermilk Pancakes-V Reduced Fat Turkey Sausage Links Potato Puffs</p>	<p>Denver Omelet Hot Maple Cereal Bacon Breakfast Burrito Breakfast Burrito-V Waffles-V Bacon Skin-on Browns</p>	<p>Fresh Mushroom Omelet-V Oatmeal Ham, Egg & Cheese English Muffin Egg & Cheese English Muffin-V Oatmeal Banana Pancakes-V Grilled Ham Potato Ovals</p>				Closed for Thanksgiving Break
LUNCH	<p>Potato & Ham Chowder Pasta e Fagioli-VGN Spicy Beef & Cheddar Sub Italian Grilled Chicken Sandwich Krinkle Kut Fries</p>	<p>Chili Con Carne Corn Chowder-V Hot & Spicy Ham Panini Cuban Burger Battered Fries Buffalo Chicken Sub Chicken Nuggets <<Asian Roasted Vegetables-N>> VGN Broccoli Florets-VGN <<Broccoli Peanut Stir-Fry-N>> -VGN Thai Beef Salad</p>	<p>Chicken Rice Soup Cream of Broccoli Soup-V Southwest Club Onion Rings Union Steak & Cheese Sub Pepperoni Pizza Cheese Pizza-V Authentic Cajun Red Beans & Rice-VGN Chopped Spinach-VGN Chicken Stir-Fry Grilled Pork Salad</p>	Closed for Thanksgiving Break	Closed for Thanksgiving Break	Closed for Thanksgiving Break	
DINNER	<p>Chicken Marsala Baked Potato Bar Szechuan Tofu Stir Fry-VGN Baked Potato Cheese Lasagna-V Corn-VGN</p>	<p>Roast Beef au Jus Garlic Mashed Potatoes Garlic Vegetable Saute-VGN <<Greek Feta Fish-S>> Cannellini Beans & Orzo-VGN Greek Veg Jumble-VGN <<Broccoli Peanut Stir-Fry-N>> -VGN Chicken & Broccoli Scampi</p>	Closed for Thanksgiving Break				