



Hilltop Menu - Week of February 5, 2012

V=Vegetarian (no meat products); VGN=Vegan (no egg, dairy, or meat products);

<<S>> Fish/Shellfish allergy alert; <<-N>> Nut/Peanut allergy alert

DAILY: Breakfast - Eggs to Order, Hard Boiled Eggs, Scrambled Eggs; Lunch & Dinner - Organic Brown Rice

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST	BRUNCH Oatmeal-VGN French Toast Sticks-V Omelet Bar to Order Grilled Ham Hash Browns-VGN White Chicken Chili with Cilantro	Cream of Wheat-VGN Sausage, Egg and Cheese Bagel Egg and Cheese Bagel-V Sausage Links Potato Puffs-VGN	Hot Maple Cereal-VGN Bacon, Egg and Cheese English Muffin Egg an Cheese English Muffin-V Bacon Skin-On Browns-VGN	Oatmeal-VGN Sausage, Egg and Cheese Croissant Egg and Cheese Croissant-V Sausage Patties Potato Ovals-VGN	Cream of Wheat-VGN Ham, Egg and Cheese Wrap Egg and Cheese Wrap-V Grilled Ham Home Fries-VGN	Hot Maple Cereal-VGN Sausage, Egg and Cheese Whole Wheat Bagel Egg and Cheese Whole Wheat Bagel-V Bacon Hash Browns-VGN	BRUNCH Oatmeal-VGN Whole Grain Belgian Waffle Sticks-V Omelet Bar to Order Turkey Sausage Patties Potato Ovals-VGN
	Cream of Tomato Soup-V Hilltop Deli Bar Grill Items Krinkle Kut Fries-VGN Buffalo Chicken Lasagna BBQ Tempeh-VGN Whole Green Beans-VGN Pasta Bar	Beef Stew Tomato Soup with Garden Vegetables-VGN Sausage Tuscany Cheese Ravioli-V Broccoli Florets-VGN Battered Fries-VGN Hot Pastrami Sub Noodle Bar Chicken and Strawberry Spinach Salad Pasta Bar	Tuscan Minestrone Roasted Vegetable and Potato Soup-VGN American Chop Suey Assorted Pizza Garlic Vegetable Sauté-VGN Onion Rings-VGN Buffalo Chicken Sub Pan-Asian Stir Fry Bar <<Grilled Chicken Caesar Salad-S>> Pasta Bar	Vegetable Tortellini Soup-V Winter Squash Soup-V Popcorn Chicken <<Pad Thai-N>>VGN Mashed Potatoes-V Corn-VGN Skin-On Potato Wedges-VGN Meatball Subs Thai Stir Fry Bar Fajita Beef Taco Salad Pasta Bar	Turkey Noodle Soup Grilled Mediterranean Vegetable Soup-VGN Szechuan Pork Vegetable Fried Rice-V Green Peas-VGN Sweet Potato Fries-VGN Chicken Broccoli Alfredo Stromboli Cheese Stromboli-V Pan-Asian Stir Fry Bar Pasta Bar	<<Fish Chowder-S>> Black Bean Soup-VGN <<Buffalo Shrimp-S>> <<Tortellini Pomodoro-N>> - V Prince William Blend Vegetables-VGN Krinkle Kut Fries-VGN Steak and Cheese Sub Grilled Mediterranean Chicken Salad Pasta Bar	Chicken Rice Soup Tomato Soup-VGN Hilltop Deli Bar Grill Items Battered Fries-VGN Teriyaki Chicken Dippers Pasta Primavera with Edamame-VGN Parslied Baby Carrots-VGN Pasta Bar
DINNER	<u>Super Bowl 2012</u> Chips & Salsa Super Subs Buffalo Wings BBQ Pork Ribs Skewer-less Grilled Vegetable Kabobs-VGN Red Hot Dogs/Veggie Dogs-V Fried Potato Skins Corn Cobettes-VGN Taco Bar	Baked Potato Bar Herb Roasted Turkey Breast Sesame Beef Stir-Fry White Rice-VGN Brown Rice-VGN Portabella Mushroom Stacked Lasagna-V Smashed Maine Potatoes-V Glazed Carrots-VGN Noodle Bar Pasta Bar Fettuccini Carbonara-V	PB&J Bar Yankee Pot Roast <<Battered Cod-S>> Jamaican Vegetable Patties-V Spicy Potato Wedge-VGN Prince William Vegetables-VGN Pan-Asian Stir Fry Bar Pasta Bar <<Tortellini with Creamy Pesto-N>>V	Quesadilla/Burrito Bar Southwest Stuffed Pork Loin BBQ Chicken Breast Buffalo Tofu-VGN Garlic Smashed Maine Potatoes-V Steamed Spinach-VGN Thai Stir Fry Pasta Bar Stuffed Rigatoni Marinara-V	<u>Black History Month Celebration</u> Baked Ham Dirty Rice Chicken Stew with Dumplings Okra Gumbo-V Authentic Cajun Red Beans & Rice-VGN Candied Carrots-VGN Pan-Asian Stir Fry Bar Pasta Bar Chicken Ravioli with Artichoke Cream Sauce Nacho Bar	Make Your Own Pizza Savory Baked Chicken Korean BBQ Beef Hot and Spicy Noodles with Tofu-VGN Basmati Rice-VGN <<Stir-Fried Carrots-N>>-VGN Mongolian Wok Stir Fry Bar Whole Wheat Tomato Basil Pasta-VGN	Popcorn Chicken <<Citrus Tilapia-S>> Ginger Tofu with Broccoli-VGN Baby Baked Potatoes-VGN Snow Peas-VGN