

Hot Dogs

Nutrition Facts

Serving Size 1 Hot Dog (100g)

Servings Per Container 1

Amount Per Serving

Calories 286 **Calories From Fat** 153

		% Daily Value*
Total Fat	17g	27%
Saturated Fat	6g	29%
Trans Fat	<1 g	0%
Cholesterol	34mg	11%
Sodium	691mg	29%
Total Carbohydrate	24g	8%
Dietary Fiber	1g	4%
Sugars	3g	

Protein 10g

Vitamin A 0% ● Vitamin C 0%

Calcium 4% ● Iron 8%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

		Calories	2,000	2,500
Total Fat	Less than	65g	80g	
Sat Fat	Less than	20g	25g	
Cholesterol	Less than	300mg	300mg	
Sodium	Less than	2,400mg	2,400mg	
Total Carbohydrate		300g	375g	
Dietary Fiber		25g	30g	

Ingredients: All Meat Frank (Pork, Water, Beef, Salt, Sorbitol, Flavorings, Hydrolyzed Beef Stock, Sodium Erythorbate, Sodium Nitrate); Hot Dog Roll (Wheat Flour [Barley], Water, High Fructose Corn Syrup, Yeast, Soybean Oil, Maltodextrin, Dextrose, Corn Starch, Salt, Dough Conditioners, Soy Oil, Calcium Phosphate, Calcium Sulfate, Calcium Iodate, Calcium Propionate, Calcium Peroxide, Soy Flour);

Allergy Information: Wheat, Soybeans