

# Marinated Grilled Chicken Breast

## Nutrition Facts

Serving Size 1-4 oz piece ( 113.4g)

Servings Per Container 1

Amount Per Serving

**Calories** 151 **Calories From Fat** 45

		% Daily Value*
<b>Total Fat</b>	5g	7%
Saturated Fat	<1g	2%
Trans Fat	<1 g	0%
<b>Cholesterol</b>	65mg	22%
<b>Sodium</b>	114mg	5%
<b>Total Carbohydrate</b>	1g	0%
Dietary Fiber	<1g	0%
Sugars	1g	

**Protein** 26g

Vitamin A 0% ● Vitamin C 0%

Calcium 2% ● Iron 4%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

		Calories	2,000	2,500
Total Fat	Less than	65g	80g	
Sat Fat	Less than	20g	25g	
Cholesterol	Less than	300mg	300mg	
Sodium	Less than	2,400mg	2,400mg	
Total Carbohydrate		300g	375g	
Dietary Fiber		25g	30g	

**Ingredients:** Boneless Skinless Chicken Breast; Marinade (Golden Italian Dressing [Water, Soybean Oil, High Fructose Corn Syrup, Vinegar, Salt, Garlic, Onion, Bell Pepper, Xanthan Gum, Lemon Juice Concentrate, Propylene Glycol Alginate, Spice, Calcium Disodium EDTA, Yellow 5 & 6]; Olive Oil; Balsamic Vinegar [contains naturally occurring sulfites]; Oregano; Chopped Garlic; Dried Basil).

**Allergy Information:** Soybeans