

Pepperjack Grilled Cheese

Nutrition Facts

Serving Size 1 Sandwich (135g)

Servings Per Container 1

Amount Per Serving

Calories 476 **Calories From Fat** 126

		% Daily Value*
Total Fat	14g	21%
Saturated Fat	3g	14%
Trans Fat	<1 g	0%
Cholesterol	39mg	13%
Sodium	730mg	30%
Total Carbohydrate	34g	11%
Dietary Fiber	2g	8%
Sugars	4g	

Protein 17g

Vitamin A 9% ● Vitamin C 0%

Calcium 8% ● Iron 11%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

		Calories	2,000	2,500
Total Fat	Less than	65g	80g	
Sat Fat	Less than	20g	25g	
Cholesterol	Less than	300mg	300mg	
Sodium	Less than	2,400mg	2,400mg	
Total Carbohydrate		300g	375g	
Dietary Fiber		25g	30g	

Ingredients: White Bread (Wheat Flour [Barley], Water, High Fructose Corn Syrup, Yeast, Soybean Oil, Sugar, Soy Fiber, Butter, Whey, Soy Flour, Non-Fat Milk, Buttermilk, Malt, Cornstarch, Salt, Honey, Calcium Sulfate, Calcium Propionate, Dough Conditioners, Vinegar); Pepper Jack Cheese (Pasteurized Milk, Cheese Cultures, Jalapeno Peppers, Red Bell Peppers, Salt, Enzymes); Liquid Margarine (Liquid Soybean Oil, Water, Salt, Hydrogenated Soybean and/or Cottonseed Oil, Vegetable Mono- and Diglycerides, Soy Lecithin, Potassium Sorbate, Citric Acid, Artificial Flavor, Beta Carotene, Vitamin A Palmitate).

Allergy Information: Milk, Wheat, Soybeans