

Popcorn Shrimp

Nutrition Facts

Serving Size 15 pieces (86g)

Servings Per Container 1

Amount Per Serving

Calories 289 **Calories From Fat** 171

		% Daily Value*
Total Fat	19g	29%
Saturated Fat	4g	22%
Trans Fat	<1 g	0%
Cholesterol	30mg	10%
Sodium	65mg	3%
Total Carbohydrate	24g	8%
Dietary Fiber	<1g	0%
Sugars	2g	

Protein 7g

Vitamin A 0% ● Vitamin C 0%

Calcium 2% ● Iron 4%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

		Calories	2,000	2,500
Total Fat	Less than	65g	80g	
Sat Fat	Less than	20g	25g	
Cholesterol	Less than	300mg	300mg	
Sodium	Less than	2,400mg	2,400mg	
Total Carbohydrate		300g	375g	
Dietary Fiber		25g	30g	

Ingredients: Popcorn Shrimp
(Enriched Bleached Wheat Flour,
Shrimp, Water, Modified Corn Starch,
Dried Whey, Salt, Yellow Corn Flour,
Dextrose, Sugar, Dried Yeast, Dried Egg
Whites, White Corn Flour, Partially
Hydrogenated Vegetable Oil [Soybean,
Cottonseed], Rice Flour, Guar Gum,
Maltodextrin, Onion Powder, Leavening,
Garlic Powder, Non-Fat Milk, Spices,
Hydroxypropyl Methylcellulose, Natural
Flavors, Extractive of Paprika, Spice
Extractives, Calcium Chloride, Sodium
Triphosphate, Sodium Bisulfite,
TBHQ); Trans Fat-Free Frying Oil.

Allergy Information: Milk, Eggs,
Crustacean Shellfish, Wheat, Soybeans