

Pork Eggroll

Nutrition Facts

Serving Size 1 Eggroll (94g)

Servings Per Container 1

Amount Per Serving

Calories 259 **Calories From Fat** 144

		% Daily Value*
Total Fat	16g	25%
Saturated Fat	4g	20%
Trans Fat	<1 g	0%
Cholesterol	10mg	3%
Sodium	410mg	17%
Total Carbohydrate	20g	7%
Dietary Fiber	2g	8%
Sugars	2g	

Protein 7g

Vitamin A 10% ● Vitamin C 8%

Calcium 4% ● Iron 10%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

		Calories	2,000	2,500
Total Fat	Less than	65g	80g	
Sat Fat	Less than	20g	25g	
Cholesterol	Less than	300mg	300mg	
Sodium	Less than	2,400mg	2,400mg	
Total Carbohydrate		300g	375g	
Dietary Fiber		25g	30g	

Ingredients: Pork Eggroll (Filling [Cabbage, Pork, Textured Vegetable Protein Product {Textured Soy Flour, Zinc Oxide, Niacinamide, Ferrous Sulfate, Copper Gluconate, Vitamin A Palmitate, Calcium Pantothenate, Thiamine Mononitrate [B1], Pyridoxine Hydrochloride [B6], Riboflavin [B2], Cyanocobalamin [B12]}, Carrots, Celery, Onions, Salt, Sugar, Anchovy Flavored Fish Sauce [Water, Anchovy Fish Extract, Salt, Sugar], Spice, Crust [Enriched Bleached Flour {Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid}, Calcium Propionate], Water, Enriched Durum Flour [Durum Flour, Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid], Enriched Bleached Flour [Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Salt, Cottonseed Oil, Dried Whole Eggs, Wheat Gluten, Cottonseed Oil; Trans Fat-Free Frying Oil.

Allergy Information: Eggs, Fish, Wheat, Soybeans

