

# Quiche Jardinere

## Nutrition Facts

Serving Size 1 Slice (1/6 of pie) (132g)

Servings Per Container 1

Amount Per Serving

**Calories** 304 **Calories From Fat** 180

		% Daily Value*
<b>Total Fat</b>	20g	31%
Saturated Fat	8g	39%
Trans Fat	2.00	0%
<b>Cholesterol</b>	34mg	11%
<b>Sodium</b>	452mg	19%
<b>Total Carbohydrate</b>	21g	7%
Dietary Fiber	1g	3%
Sugars	1g	

**Protein** 10g

Vitamin A 18% ● Vitamin C 31%

Calcium 22% ● Iron 9%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

		Calories	2,000	2,500
Total Fat	Less than	65g	80g	
Sat Fat	Less than	20g	25g	
Cholesterol	Less than	300mg	300mg	
Sodium	Less than	2,400mg	2,400mg	
Total Carbohydrate		300g	375g	
Dietary Fiber		25g	30g	

**Ingredients:** Quiche Filling (Eggs [Liquid Whole Eggs, Citric Acid, Water], Half and Half Cream [Milk, Cream, Disodium Phosphate, Sodium Citrate], Nutmeg, Kosher Salt, White Pepper); Muenster Cheese (Pasteurized Milk, Cheese Culture, Salt, Calcium Chloride, Enzyme, Annatto); Pie Shell (Enriched Wheat Flour, Partially Hydrogenated Vegetable Oil [Soybean and Cottonseed], Water, High Fructose Corn Syrup, Salt, Soy Flour); Mushrooms; Spanish Onions; Broccoli Florets; Olive Oil; Chopped Garlic (Garlic, Water, Soy Oil, Phosphoric Acid, Sodium Benzoate, Potassium Sorbate); Dried Basil.

**Allergy Information:** Wheat, Soybeans, Eggs, Milk