

Quiche Lorraine

Nutrition Facts

Serving Size 1 Slice (1/6 of pie) (83g)

Servings Per Container 1

Amount Per Serving

Calories 340 **Calories From Fat** 207

		% Daily Value*
Total Fat	23g	36%
Saturated Fat	10g	50%
Trans Fat	2.00	0%
Cholesterol	44mg	15%
Sodium	527mg	22%
Total Carbohydrate	18g	6%
Dietary Fiber	<1g	1%
Sugars	<1g	

Protein 12g

Vitamin A 1% ● Vitamin C 0%

Calcium 21% ● Iron 7%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

		Calories	2,000	2,500
Total Fat	Less than	65g	80g	
Sat Fat	Less than	20g	25g	
Cholesterol	Less than	300mg	300mg	
Sodium	Less than	2,400mg	2,400mg	
Total Carbohydrate		300g	375g	
Dietary Fiber		25g	30g	

Ingredients: Quiche Filling (Eggs [Liquid Whole Eggs, Citric Acid, Water], Half and Half Cream [Milk, Cream, Disodium Phosphate, Sodium Citrate], Nutmeg, Kosher Salt, White Pepper); Pie Shell (Enriched Wheat Flour, Partially Hydrogenated Vegetable Oil [Soybean and Cottonseed], Water, High Fructose Corn Syrup, Salt, Soy Flour); Bacon (cured with: Water, Salt, Sugar, Sodium Phosphates, Sodium Erythorbate, Sodium Nitrite); Swiss Cheese (Pasteurized Grade A Milk, Cheese Culture, Salt, Enzymes); Spanish Onions; Margarine (Liquid Soybean Oil, Partially Hydrogenated Soybean Oil, Water, Salt, Soy Lecithin, Vegetable Mono- and Diglycerides, Potassium Sorbate, Citric Acid, Artificial Flavor, Beta Carotene, Vitamin A Palmitate).

Allergy Information: Wheat, Soybeans, Eggs, Milk

