

MARKETPLACE SOUP MENU – January 22 through February 11, 2012

V=Vegetarian (no meat products); VGN=Vegan (no egg, dairy, or meat products)

<<S>> Fish/Shellfish allergy alert; <<-N>> Nut/Peanut allergy alert

| | SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|-----------------|---------------------|--------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------|---------------------|
| Week of Jan. 22 | Chef's Choice Soups | Chicken Tortilla Soup Red Indian Lentil Stew-VGN <<Cranberry Almond Couscous Salad-N>> VGN | Split Pea Soup with Ham Three Bean Chili-VGN Jalapeno Quinoa Salad-V | Corn Chowder-V Minestrone-VGN Sesame Brown Rice Salad-VGN | Chicken Stew Vegetable Barley Soup-VGN Tabbouleh-VGN | <<Clam Chowder-S>> Roasted Vegetable and Potato Soup-VGN Black Bean Couscous Salad-VGN | Chef's Choice Soups |
| Week of Jan. 29 | Chef's Choice Soups | Potato & Bacon Chowder Carrot & Ginger Soup-VGN Cranberry Bulgur Salad-VGN | Cream of Broccoli Soup-V Chipotle Sweet Potato Soup-VGN <<Chicken Quinoa Salad-N>> | Italian Wedding Soup Split Pea Soup-VGN Sesame Brown Rice Salad-VGN | Chicken Noodle Soup Vegetarian French Onion Soup-V Vegetable Couscous Salad-VGN | <<Fish Chowder-S>> Lentil Indian Stew-VGN Quinoa and Bean Salad-VGN | Chef's Choice Soups |
| Week of Feb. 5 | Chef's Choice Soups | Beef Stew Tomato Soup with Garden Vegetables-VGN <<Cranberry Almond Couscous Salad-N>> VGN | Tuscan Minestrone Roasted Vegetable and Potato Soup-VGN Jalapeno Quinoa Salad-V | Winter Squash Soup-V Vegetable Tortellini Soup-V Sesame Brown Rice Salad-VGN | Turkey Noodle Soup Grilled Mediterranean Veg. Soup-VGN Tabbouleh-VGN | <<Seafood Chowder-S>> Black Bean Soup-VGN Black Bean Couscous Salad-VGN | Chef's Choice Soups |