

Teriyaki Grilled Chicken Sandwich

Nutrition Facts

Serving Size 1 Sandwich (179g)

Servings Per Container 1

Amount Per Serving

Calories 291 **Calories From Fat** 72

		% Daily Value*
Total Fat	8g	13%
Saturated Fat	2g	8%
Trans Fat	<1 g	0%
Cholesterol	83mg	28%
Sodium	959mg	40%
Total Carbohydrate	33g	11%
Dietary Fiber	1g	5%
Sugars	8g	

Protein 20g

Vitamin A 35% ● Vitamin C 14%

Calcium 7% ● Iron 13%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

		Calories	2,000	2,500
Total Fat	Less than	65g	80g	
Sat Fat	Less than	20g	25g	
Cholesterol	Less than	300mg	300mg	
Sodium	Less than	2,400mg	2,400mg	
Total Carbohydrate		300g	375g	
Dietary Fiber		25g	30g	

Ingredients: Glazed Chicken Breast (Chicken Breast, Water, Seasoning [Hydrolyzed Milk Protein, Hydrolyzed Gelatin], Salt, Sodium Phosphate, Dextrose, Glaze [Water, Modified Corn Starch, Maltodextrin, Methylcellulose, Xanthan Gum, Caramel Color, Citric Acid]); Hamburger Roll (Wheat Flour [Barley], Water, High Fructose Corn Syrup, Yeast, Wheat Gluten, Soybean Oil, Salt, Dough Conditioners, Soy Oil, Corn Starch, Corn Flour, Soy Lecithin, Calcium Peroxide, Calcium Sulfate, Calcium Propionate, Calcium Phosphate, Calcium Iodate, Soy Flour, Spices, Flavor, Sesame Seeds); Green Leaf Lettuce; Marinade (Water, Teriyaki Sauce [Naturally Brewed Soy Sauce (Water, Wheat, Soybeans, Salt), Wine, High Fructose Corn Syrup, Water, Vinegar, Salt, Spices, Onion Powder, Succinic Acid, Garlic Powder, Sodium Benzoate], Pure Clover Honey, Orange Juice).

Allergy Information: Milk, Wheat, Soybeans

