

Three Cheese Quiche

Nutrition Facts

Serving Size 1 Slice (1/6 of Pie) (87g)

Servings Per Container 1

Amount Per Serving

Calories 351 **Calories From Fat** 216

		% Daily Value*
Total Fat	24g	37%
Saturated Fat	11g	57%
Trans Fat	2.00	0%
Cholesterol	54mg	18%
Sodium	480mg	20%
Total Carbohydrate	19g	6%
Dietary Fiber	<1g	1%
Sugars	<1g	

Protein 13g

Vitamin A 6% ● Vitamin C 0%

Calcium 34% ● Iron 6%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

		Calories	2,000	2,500
Total Fat	Less than	65g	80g	
Sat Fat	Less than	20g	25g	
Cholesterol	Less than	300mg	300mg	
Sodium	Less than	2,400mg	2,400mg	
Total Carbohydrate		300g	375g	
Dietary Fiber		25g	30g	

Ingredients: Quiche Filling (Eggs [Liquid Whole Eggs, Citric Acid, Water], Half and Half Cream [Milk, Cream, Disodium Phosphate, Sodium Citrate], Nutmeg, Kosher Salt, White Pepper); Pie Shell (Enriched Wheat Flour, Partially Hydrogenated Vegetable Oil [Soybean and Cottonseed], Water, High Fructose Corn Syrup, Salt, Soy Flour); Swiss Cheese (Pasteurized Grade A Milk, Cheese Culture, Salt, Enzymes); Sharp White Cheddar Cheese (Pasteurized Milk, Cheese Cultures, Salt, Enzymes); Muenster Cheese (Pasteurized Milk, Cheese Culture, Salt, Calcium Chloride, Enzyme, Annatto).

Allergy Information: Wheat, Soybeans, Eggs, Milk