

Vegetable Eggroll

Nutrition Facts

Serving Size 1 Each (93.5g)

Servings Per Container 1

Amount Per Serving

Calories 219 Calories From Fat 99

		% Daily Value*
Total Fat	11g	17%
Saturated Fat	2g	10%
Trans Fat	<1 g	0%
Cholesterol	10mg	3%
Sodium	320mg	13%
Total Carbohydrate	26g	9%
Dietary Fiber	2g	8%
Sugars	2g	

Protein 5g

Vitamin A 30% ● Vitamin C 15%

Calcium 2% ● Iron 0%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

		Calories	2,000	2,500
Total Fat	Less than	65g	80g	
Sat Fat	Less than	20g	25g	
Cholesterol	Less than	300mg	300mg	
Sodium	Less than	2,400mg	2,400mg	
Total Carbohydrate		300g	375g	
Dietary Fiber		25g	30g	

Ingredients: Egg Roll (Filling)

[Cabbage, Celery, Carrot, Onion, Rice, Broccoli, Vermicelli (Mung Beans, Broad Beans, Peas, Water), Cottonseed Oil, Soy Sauce (Water, Wheat, Soybeans, Salt), Sugar, Salt, Modified Food Starch, Sesame Seed Oil, Flavoring (Autolyzed Yeast Extract, Partially Hydrogenated Cottonseed and Soy Oils, Natural Flavor), Garlic Powder, Spice, Dried Shitake Mushroom) Wrapper (Enriched Wheat Flour, Water, Enriched Durum Flour, Dried Whole Eggs, Cottonseed Oil, Wheat Protein, Salt, Sodium Benzoate); Trans Fat- Free Frying Oil.

Allergy Information: Eggs, Soybeans, Wheat