



York Menu – Week of November 15, 2009

V=Vegetarian (no meat products); VGN=Vegan (no egg, dairy, or meat products);

<<S>> Fish/Shellfish allergy alert; <<-N>> Nut/Peanut allergy alert; ♥ = Dine Smart Choice

DAILY: Breakfast - Eggs to Order; Lunch & Dinner - Organic Brown Rice; Tomato Soup-VGN; Self-Serve Pizza or Quesadilla Bar; Dinner – Pasta Bar

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST		Cream of Wheat-VGN Sausage, Egg & Cheese Bagel Egg & Cheese Bagel-V Whole Grain Belgian Waffle Sticks-V Grilled Ham Potato Puffs-VGN Spinach & Cheese Omelet-V	Hot Maple Cereal-VGN Bacon, Egg & Cheese English Muffin Egg & Cheese English Muffin-V Texas French Toast-V Bacon Skin-On Browns-VGN Fiesta Omelet-V	Oatmeal-VGN Sausage, Egg & Cheese Croissant Egg & Cheese Croissant-V Raspberry Pancakes-V Sausage Patties Potato Ovals-VGN Cheese Medley Omelet-V	Cream of Wheat-VGN Ham, Egg & Cheese Wrap Egg & Cheese Wrap-V Cinnamon Raisin French Toast-V Reduced Fat Turkey Sausage Links Home Fries-VGN Italian Sausage & Cheese Omelet	Hot Maple Cereal-VGN Sausage, Egg & Cheese Biscuit Egg & Cheese Biscuit-V Pancakes-V Bacon Hash Browns-VGN Bacon & Cheese Omelet
LUNCH	BRUNCH Scrambled Eggs- V Chocolate Chip Pancakes-V Sausage Patties Potato Ovals-VGN <<Buffalo Shrimp-S>> <<Gnocchi with Creamy Pesto Sauce-N>>-V Burger Bar Krinkle Kut Fries-VGN Chopped Spinach-VGN	Turkey Rice Soup Potato Cheddar Chowder-V Burger Bar Battered Fries-VGN Just Like Home BBQ Pulled Pork Spicy Indian Rolls-V Quinoa Pilaf-VGN Sugar Snap Peas-VGN Deli Specialty Roast Beef & Cheddar Panini Grill Specialty Bacon & Bleu Cheese Slider	Split Pea Soup with Ham Pasta e Fagioli-VGN Burger Bar Skin-On Potato Wedges-VGN Just Like Home Popcorn Chicken Mashed Potato Bar Corn-VGN Deli Specialty <<Tuna Melt Panini-S>> Grill Specialty BBQ, Bacon & Cheddar Slider	Bacon Corn Chowder Spicy Lentil Chili-VGN Burger Bar Skin-on Shoestring Fries-VGN Just Like Home Buffalo Chicken Tenders Tortellini Alfredo-V Fried Rice with Edamame-VGN Broccoli Florets-VGN Deli Specialty Buffalo Chicken Wrap/ Buffalo Tofu Wrap-VGN Grill Specialty Pepper Jack Slider	Chicken Tortilla Soup Cream of Broccoli Soup-V Burger Bar Krinkle Kut Fries-VGN Just Like Home Bacon Breakfast Burrito Vegetarian Breakfast Burrito-V Sausage Patties Home Fries Vegetable Sauté-VGN Scrambled Egg Bar Deli Specialty Turkey, Apple & Cheddar Panini Grill Specialty Brie & Caramelized Onion Slider	Italian Wedding Soup Vegetable Barley Soup-V Burger Bar Battered Fries-VGN Just Like Home Meatloaf Macaroni and Cheese-V Tuscan Rice and Beans-VGN Whole Green Beans-VGN Deli Specialty Chicken Bacon Wrap Grill Specialty Greek Slider
DINNER	Herb Roasted Turkey Breast <<Tilapia with Tomato Mint Salsa-S>> Smashed Potatoes-V Bread Stuffing Sesame Noodles-V Peas and Carrots-VGN	St. Louis BBQ Pork Ribs Chili Con Carne Spicy Vegetable Chili-VGN Sweet Potato Fries Corn on the Cob-VGN Shells & Cheese-V Bread Bowls	Chicken Cacciatore Pasta Bar Broccoli & Cauliflower-VGN White Spinach Lasagna-V <<Broccoli Peanut Stir-Fry-N>>-VGN	<<Oven Roasted Sides of Salmon-S>> Korean BBQ Beef Roasted Red Potatoes-VGN Spicy Tofu with Basil-VGN Garlic Vegetable Sauté-VGN Stuffed Shells-V Buffalo Chicken Wrap/ Buffalo Tofu Wrap-VGN	THANKSGIVING AROUND AMERICA Sage Butter Roast Turkey Breast Cumin Crusted Pork Loin Wild Rice Stuffed Acorn Squash-VGN Sweet Potato Stuffing with Bacon & Thyme Butternut Squash & Cheddar Bread Pudding-V Smashed Potatoes-V	Closed for Friday Dinner Service