

Wednesday, May 11, 2005
UMaine Presque Isle
Presque Isle, Maine
Aroostook Room, Campus Center Building
View Campus Map Online: <http://www.umpi.maine.edu/tour.htm>

Session 1

Rural Aging: Social Work Practice Models & Intervention Skills

Time: 1:00 – 3:30 p.m.

Presenter: Kim Anne Perkins, LCSW, Director, UMPI School of Social Work

Driving Directions:

From the SOUTH:

Interstate 95 is the primary travel route from southern points. Take exit 302 off I-95, the Houlton/Presque Isle exit, and continue north on U.S. Route 1. The campus is on your left as you enter Presque Isle, 40 miles north of Houlton.

From the NORTH and WEST:

Proceed south on U.S. Route 1 into Presque Isle. Continue on Route 1 through the downtown area and the University will be up the hill on your right.

Parking Instructions: Follow the main road to the Visitor Student parking lot behind Kelly Commons. Do not park in staff/student lots.

Thursday, May 12, 2005

Dirigo Pines
Orono, Maine

Room TBA

View Dirigo Pines Map Online: <http://www.dirigopines.com/location.html>

Session 2

PEGS Gala Dinner: Healthy Productive Aging

Time: 5:30 – 7:30 p.m.

Presenter: Katherine Musgrave, M.S., R.D., C.A.S., Emeritus Faculty, Food Sciences & Nutrition, UMaine

Friday, May 13, 2005

Dirigo Pines
Orono, Maine

Session 3

A Community Response to Elder Abuse

Time: 9:00-11:30 a.m.

Presenter: Francine Stark, Community Response Coordinator, Spruce Run

Friday, May 13, 2005

Dirigo Pines
Orono, Maine

Session 4

Healthy Maine People 2010

Time: 1:00 – 3:30 p.m.

Presenter: Katherine Musgrave, M.S., R.D., C.A.S., Emeritus Faculty Food Sciences & Nutrition, UMaine

Driving Directions: I-95 North or South, please take Exit 190 (old Exit 50)/Kelley Road, Orono. From Northbound, turn right at end of exit ramp onto Kelley Road. Aprox 1/2 mile you will see the Dirigo Pines sign on your left, turn left just after the sign onto Alumni Drive. The next left will be the driveway to Dirigo Pines Inn. Parking is in the lots around the Inn. Please enter through the main entrance and inquire of the receptionist which room the session will be held in.

Wednesday, May 18, 2005
Hutchinson Center
Belfast, Maine
Room 105

View Hutchinson Center Map Online: <http://www.hutchinsoncenter.umaine.edu/drivingdirections.html>

Session 5

Healthy Maine Partnerships

Time: 9:00 – 11:30 a.m.

Presenter: Amy Wagner, B.S., Community Health Improvement Coordinator/Director, Healthy Living Project, Waldo County Healthcare Inc.

Session 6

Hospice & Palliative Care

Time: 3:00 – 5:30 p.m.

Presenter: Kandyce Powell, MSN., R.N., Executive Director, ME Hospice Council; Executive Director, ME Center for End of Life Care

Driving Directions:

From the North: Take 1-95 South to Exit 44 at Hampden. Take a LEFT from the Off Ramp onto the Cold Brook Road and remain on that road until you come to the first traffic light. Bear RIGHT at that light, onto Route 202. Proceed on Route 202 to another traffic light at a T in the road. Turn LEFT and proceed to the Route 1A intersection. Turn RIGHT onto Route 1A and remain on 1A thru Hampden, Winterport, Frankfort, Prospect, and Stockton Springs. At Stockton Springs, Route 1A will meld with Route 1 South. Bear RIGHT onto Route 1 South and remain on that road until you cross the bridge to Belfast. After the bridge, watch for Route 3, Augusta signs on the right. The road will split, you will stay to the RIGHT, and at the next intersection, you will turn RIGHT onto Route 3. Remain on Route 3, pass the big MBNA complex on the Left, and the next sign you see, also on the Left, will be the University of Maine Hutchinson Center (Blue, White, & Gold lettering). Follow the drive all the way to the back of the building to a large parking lot. The Main entrance is there. Sessions are in Room 105.

From the South: Take 1-95 North to the first Augusta exit at Western Avenue. Turn RIGHT onto Western Avenue and proceed thru the first Rotary. Take the exit toward the bridge and Route 3. After the bridge, proceed through the second rotary and take the exit marked To Route 3 and Belfast. Proceed past the McDonalds on the right and at the next Traffic Light, turn RIGHT onto Route 3 East. Remain on Route 3 until you see the sign for the Londonderry Inn on the Left. (About 50 minutes from Augusta). Shortly beyond that, you will see the big blue sign of the Hutchinson Center on the RIGHT. Follow the driveway all the way to the back of the building to a large parking lot. The Main entrance is there. Sessions are in Room 105.

Monday, June 13, 2005
New DHHS Building
Augusta, Maine
Room 1a-1b

Session 7

Health & Wellness for Older Adults: Exercise Programs That Work

Time: 9:00-11:30 a.m.

Moderator: Jane Harris Bartley, M.S.W., L.C.S.W., Director, RSVP of Hancock, Penobscot, Piscataquis, and Washington Counties

Session 8

Empowering Older Adults in Rural Areas: Social Work Advocacy Techniques

Time: 1:00 – 3:30 p.m.

Presenters: Brenda Gallant, Executive Director, Catherine Valcourt, Esq., Legal Counsel, State Long Term Care Ombudsman Program; Nadien Grosso, Director of Communications, Maine Health Care Association; Tom Kane, D.S.W., L.C.S.W., Former House Chair, Health & Human Services Committee

Driving Directions:

From the North: Take I-95 South to Exit 112 towards BELGRADE. Turn SLIGHT RIGHT onto CIVIC CENTER DRIVE. The new DHHS building is 442 Civic Center Dr.

From the South: Take I-95 North to Exit 112B toward NO. AUGUSTA/BELGRADE. Turn SLIGHT RIGHT onto CIVIC CENTER DRIVE. The new DHHS building is 442 Civic Center Dr.

Thursday, June 16, 2005
Jewett School Community Center
Bucksport, Maine
Conference Room

Session 9

Differential Diagnosis in Dementia

Time: 9:00 – 11:30 a.m.

Presenter: Amy Cotton, M.S.N., A.P.R.N., B.C., Director, Rosscare Center on Healthy Aging, Eastern Maine Healthcare

Session 10

Using Research in Rural Aging: Evidence Based Social Work Practice

Time: 1:00 – 3:30 p.m.

Presenter: Lenard W. Kaye, D.S.W., Director, University of Maine Center on Aging

Driving Directions:

From the North: Take I-95 South to Exit 182A toward Bangor/Brewer to get onto I-395 East. Take Exit 4 – So. Main St. Exit - toward Brewer. Take the S. ramp towards Bucksport. Turn left onto S. Main St. and then turn left onto Bridge St. G. Herbert Jewett School is 66 Bridges Rd.

From the South: Take I-95 to Exit 109 toward Augusta and merge onto Western Ave. Enter the next roundabout and take 2nd exit onto US 202 east/US 201 north. Enter next roundabout and take 3rd exit onto Bangor St. Turn right onto N. Belfast Ave. Continue to follow ME-3 N. for 42.8 miles. Merge onto US 1 N. via the ramp on the LEFT. Drive into town of Bucksport (you will cross waldo/hancock bridge). Turn left onto Main St. Turn right onto Bridge St. G. Herbert Jewett School is 66 Bridges Rd.

Wednesday, June 22, 2005
Dirigo Pines
Orono, Maine
Room TBA

View Dirigo Pines Map Online: <http://www.dirigopines.com/location.html>

Session 11

For Supervisors: Strategies for Difficult Conversations

Time: 9:00 – 10:45 a.m.

Presenter: Polly Moutevelis-Burgess, Ed.D., LCPC, LMFT, CEAP, Director, Employee Assistance Program University of Maine

Driving Directions:

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