



Provided to you by
The Maine Gerontological Society
with members in mind.

March and April
2009

Hot Topics in Aging

Providing you with quick information on the latest in aging issues

Phillips Lifeline offers a free online seminar "Engaging Older Adults in Evidence Based Fall Prevention". Seminar is led by Dorothy Baker, Ph.D.; RNCS; a Research Scientist/Scholar in Internal Medicine and Geriatrics at Yale University School of Medicine. Course is accessible at www.theonlinelearningcenter.com. Register on the site, select Course Catalog and then select the Philips Lifeline category in order to obtain the free course, one of which is listed as: "I. Engaging Older Adults in Evidence Based Fall Prevention" or other topics that are relative to health care.

This year, NPHW kicks off with the launch of an exciting, new viral video campaign. [The Healthiest Nation in One Generation](#) video tells the story of the many ways that public health touches our lives. Please note that Aging is not addressed, though the health of youth directly impacts their health as elders. Check it out, and share it with your network of friends, family and colleagues.

Dr. Dora Anne Mills, Maine Center for Disease Control's Director continues to update interested individuals of swine flu and how to minimize its impact on Maine elders.

The U.S. CDC's website offers the latest national information at <http://www.cdc.gov/swineflu/>

Maine offers State specific information, including daily updates at <http://www.maine.gov/dhhs/boh/swine-flu-2009.shtml> or Maine CDC's homepage: www.mainepublichealth.gov.