



Third Annual Maine Benzodiazepine Study Group International Conference

Featured Speaker
C. Heather Ashton, DM, FRCP
Emeritus Professor of Psychopharmacology
University of Newcastle
Newcastle, England

And incorporating the 2nd Meeting on Safe Prescription Drug Returns

October 11 & 12, 2005
Sheraton Four Points Hotel
Bangor, Maine

Registration Fee
\$90 2-day attendance
\$60 1-day attendance

For additional conference information, contact:
Bill Flagg
Cary Medical Center
(207) 498-1376
email: bflagg@carymed.org

This two-day conference will provide health care professionals and policy-makers with a detailed discussion of the prescribing and over-prescribing patterns for benzodiazepines. Benzodiazepines are a class of medications used to treat anxiety, stress and insomnia. Among the nearly 15 commonly prescribed benzodiazepines are alprazolam, diazepam, clonazepam and lorazepam.

Day one of the conference will explore the apparent connection of long-term benzodiazepine use to increased incidence of hip fractures among seniors, automobile accidents, complications from interactions with other medications, poly-drug abuse and fatal overdoses.

Day two of the conference will consider guidelines for appropriate benzodiazepine therapy, as well as benzodiazepine alternatives.

Also on day two, the 2nd Annual Safe Prescription Drug Returns Meeting will assess the environmental and social effects of unused prescription drugs that remain stored in medicine cabinets or are flushed into America's waste water systems. Maine's legislative approach to unused medicines will be considered. Federal drug and health policymakers and stakeholders will weigh in on Washington's role.

Hotel Accommodations:

A block of rooms is being held by the Four Points Sheraton at the Bangor International Airport. All conference related events will be held at this facility. When calling to arrange reservations reference the Benzodiazepine Study Group Conference. Conference rates are \$89/night. These rooms will be held until September 26th. After that date, rates will increase to \$129/night.

Phone number: (207) 947-6721.
Fax number: (207) 990-3780.
Mailing address: Four Points Sheraton, 308 Godfrey Blvd., Bangor, ME 04401.
Visit the Four Points Sheraton website: www.starwoodhotels.com/fourpoints

Registration Fees:

Conference fees are \$60 for one day, \$90 for two days. Registration fee covers all expenses other than lodging and meals. Buffet breakfast and lunch will be provided each day of the conference, along with refreshments.

Mail completed registration form and fee to: Cary Medical Center, Att: Bill Flagg, 163 Van Buren Road, Caribou, ME 04736. You also may register online by visiting carymedicalcenter.org and selecting the Benzodiazepine Conference icon on the home page.

Continuing education credits will be offered. If you are interested in applying for professional credits, please indicate on registration. Up to 8 CEUs will be available over the two-day event. All participants will receive a conference certificate of attendance.

Registration Form

Send registration form with fee to: Cary Medical Center, Att: Bill Flagg, 163 Van Buren Rd, Caribou, Maine 04736. You also may register online by visiting carymedicalcenter.org and selecting the Benzodiazepine Conference icon on the home page.

NAME/TITLE: _____

FIRST NAME FOR BADGE: _____

ORGANIZATION: _____

ADDRESS: _____

CITY, STATE, ZIP: _____

PHONE (Office or Cell): _____ FAX: _____

E-MAIL: _____

Registration Fee: (Check One)

- \$60.00 Day 1 only – Tuesday, Oct. 11
- \$60.00 Day 2 only – Wednesday, Oct. 12
 - TRACK A TRACK B
- \$90.00 Day 1 and Day 2 – Oct. 11 & 12
 - TRACK A TRACK B

Payment Method: (Check One)

- Check enclosed
- Please invoice my agency

Registration must be paid by cash or check. Make the check payable to:
Cary Medical Center