

# Onward Reference List

Please list the people you have asked to write letters of recommendation for you. People appropriate to ask for a recommendation include previous or current employers, co-workers, teachers, guidance counselors, coaches, or others who know you well and can speak about the qualities or characteristics that make you a good candidate for our program. **Please do not request letters from spouses/significant others, family members or close relatives.**

**Return this form to the Onward Program with your application.**

Name \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_

How do you know this person? \_\_\_\_\_

Name \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_

How do you know this person? \_\_\_\_\_

Name \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_

How do you know this person? \_\_\_\_\_

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## Release of Information

I, \_\_\_\_\_, give the Onward Program permission to contact the above named persons, if necessary, for the purpose of obtaining further information regarding references to the Onward Program. This consent expires upon my withdrawal from admission procedures, my non-acceptance into the Onward Program, or upon my acceptance as an incoming student.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date