

Resources on Conflict Resolution, Diversity, School Climate, Bullying, Youth Violence Prevention, Restorative Practices and Peace & Justice Education (Grades K-16)

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VIDEOS

A. Peacemakers of the Future

This video demonstrates the mediation process as it begins in elementary school and the changes in this process as the students move to middle school and to high school. The video shows how mediation is set up in the elementary school and how it is used by the students. Several teachers and administrators describe the value of having such a program at their school. An excellent way to learn about peer mediation. Grades K-12, 23 min.

B. Conflict Managers in Action

This video features national TV coverage of the Conflict Manager Program in elementary, middle and high schools. 1987. 13 minutes.

C. Teaching Students to be Peacemakers

This video is produced by David W. and Roger T. Johnson. It explains and demonstrates peer mediation at the elementary level. A companion piece to their Teaching Students to be Peacemakers book. Grades K-6, 15 min.

D. Waging Peace in our Schools: The Resolving Conflict Creatively Program

This moving video highlights the successful components of the Resolving Conflict Creatively Program (RCCP) at the national level. You'll see conflict resolution skills being taught and students engaged in peer mediation, as well as hear the testimonies of children, teachers, parents, and administrators who have worked to change their schools. Running time: 26 min.

E. Making a Difference

This video highlights the dramatic changes in attitudes and behaviors of teachers and students in RCCP in relation to dealing with conflict. Fifth grade to adult. Running time: 26 min.

F. A Fistful of Words (Adult Version)

Teachers, principals, students and local school board members share their enthusiasm about making conflict resolution a regular part of the school curriculum. Running time: 23 min.

G. A Fistful of Words (Student Version)

Students share how they feel about being peer mediators and role-play the steps involved in mediation. Grades 3-9. Running time: 13 min.

H. What Can I Do? Student Peer Mediation

(No longer available)

I. What Can I Do? Student Peer Mediation

Featuring the students and faculty of Memorial Middle School, So. Portland, ME. Shows a typical school conflict, referral to peer mediation, excerpts from the mediation, and comments about the peer mediation program from students, faculty, and parents. Running time: 12 min.

J. No One Quite Like Me... or You, Grades 2-4

Designed to help students appreciate and value their uniqueness, to feel pride in the specialness of being themselves. Underlying this concept is acceptance and appreciation of the differences in others. Includes a teacher's guide with reproducible activity sheets and an 18-minute music video that presents scenarios in which school-age children confront issues about being different.

K. Conflict Resolution for Grades 5-12 (Staff Development for Teachers of Gr. 5-12)

Featuring a middle school and a high school with peer mediation programs, draws on the expertise of educators with hands-on experience in conflict resolution and peer mediation training. Includes: 24-minute video, handouts, and leader's guide in 3-ring binder.

L. Conflict Resolution: Elementary Grades (For Teachers of Grades K-6)

Features two schools with comprehensive programs in conflict resolution. Presents the main principles of conflict resolution at the elementary level. Demonstrates strategies for teaching conflict resolution skills like active listening, brainstorming, and problem-solving. Shows peer mediation programs in action. Includes plans and handouts for in-service sessions. Includes: 25-minute video, handouts, and leader's guide in 3-ring binder.

M. Mediation Skills, Grades 5-9

This student workshop leads students through the mediation process: opening the mediation session; gathering information to define the problem; facilitating communication, brainstorming and problem-solving; helping disputants reach an agreement; and closing the session. Includes: 30-minute video, 32 handouts, and teacher's guide in binder.

N. Face to Face: Conflict Resolution in Schools (Staff Development for Teachers and Administrators of Gr.K-12):

Offers ideas and strategies teachers and administrators can use to help students resolve conflicts peaceably. Emphasizes the importance of teaching the problem-solving and communication skills that enable students to solve their problems themselves. Shows that when conflict resolution lessons are woven into the curriculum, students learn to deal with conflict in a peaceable manner--in school, on the playground, and at home. Includes: 39-minute video and teacher's guide in 3-ring binder.

O. What To Do About Anger, Grades 2-5

Designed as a hands-on workshop in anger-management skills to help children get along better with friends, family, and authority figures. Program teaches students the difference between angry feelings and angry behavior, how to handle anger by controlling how they act, and how to deal with angry energy in positive ways. Dramatizes situations close to student experience to demonstrate typical anger triggers and anger styles in children, offers specific techniques for dealing with anger: what triggers your anger; how to put space between your anger and what you do about it; positive self-talk; and how to use the energy of anger for a constructive outcome. Includes: 34-minute video, 15 student worksheets and teacher's guide in 3-ring binder.

P. Conflict Resolution, Grades 9-12

Teaches strategies for conflict resolution, helps students turn conflict into a positive experience. Shows them how to avoid conflicts, resolve problems, and build better relationships. Discusses how learning to communicate better, listen more sensitively, and be more aware of oneself and others helps resolve conflicts. Illustrates different conflict styles. Helps viewers identify their own personal style. Probes the dynamics behind interpersonal and group discord. Uses role-plays to teach effective communication skills. Identifies communication roadblocks that can escalate conflict, shows how good communication skills can de-escalate it. Describes the conflict resolution process; also shows third-party conflict resolution at work through mediation. Includes: 26-minute video and teacher's guide.

Q. Cooling a Hot Situation, Ages 7-10

Designed to help young people: reflect on feelings such as anger, a natural emotion that needs to be expressed in nonviolent ways; explore some of the ways to solve potentially violent situations in positive ways; discuss how peers can be influential in preventing or escalating violence; identify the safe or unsafe areas or situations in their neighborhoods and communities; and increase skills that will enable them to make positive safety choices. Running time: 13 minutes; includes leader's guide.

R. Cooling A Hot Situation, Ages 11-14

For description, see above. Running time: 18 minutes; includes leader's guide.

S. Starting Small: Teaching Children Tolerance

Through lively classroom footage, teacher interviews, commentary from early childhood specialists, and the vivid voices of children, the filmmaker explores equity education programs from Seattle to New Haven. The video reveals diverse approaches to the shared goal of fostering respect for differences. "We must create the feeling that everyone is equally a worthwhile individual...and we do this by constantly pointing out what is unique about every child, and what we have in common," says one of the many inspiring teachers in the film. Running time: 58-minutes. Includes the book: Starting Small: Teaching Tolerance in Preschool and the Early Grades.

T. The Shadow of Hate: A History of Intolerance in America

Academy Award-winning filmmaker Charles Guggenheim illuminates the dark corners of our nation's past through actual historical footage, evocative still photographs and the voices of individuals closest to the events depicted. The *Shadow of Hate* chronicles the haunting legacy of intolerance toward Native Americans, African Americans, religious minorities, European and Asian immigrants, and others. In this film, students will witness firsthand the struggles that have shaped our collective identity. Running time: 40-minutes. Includes the text: Us and Them, a 128-page teaching publication that traces our country's struggle to live up to its ideals through hundreds of historical photos, original illustrations, historical documents and dramatic narratives.

U. "THINK! Violence is for People Who Don't"--Violence Prevention Kit w/Video

The kit includes booklets on domestic violence, alcohol and violence, dating violence, self-esteem, self-control, children and guns, and preventing school violence. 1997. Running Time: approx. 20 min.

V. Tug of War: Strategies for Conflict Resolution (Grades 7-12)

Video describes the four S.E.L.F. HELP steps to conflict resolution: "STOP," "EVALUATE," "LABELING," and "FIND ALTERNATIVE SOLUTIONS." Includes teacher's guide. 25 min.

W. Folktales of Peace

This video contains three stories based on the book Peace Tales: World Folktales to Talk About by Margaret Read MacDonald. The first story is "Strength," which focuses on the concept of competition as a way to resolve conflict. The second story, "Argument Sticks," depicts the resolution of an argument through avoidance or putting aside the issue because a timely resolution is not possible, too painful or not immediately necessary. "Two Foxes" is an Appalachian folktale that focuses on two foxes, their relationship, and how the smaller fox uses accommodation to preserve the friendship. 1998. Running Time: 30 min.

X. Folktales of Peace and Conflict

This video contains four stories based on the book, Peace Tales: World Folktales to Talk About. The first, "Showdown," focuses on the quest for dominance through the use of perceived power. It shows that competition sometimes results in a situation where there are no winners. The second, "Night and Day," details the attempt by two animals to resolve their conflict by engaging in negotiation based on compromise. The third, "Old Joe," contains elements of greed, provocation, competition, and reconciliation. The fourth, "The Monk," is an ageless story of ancient Japan that demonstrates a philosophical approach to conflict resolution.

Y. It's Elementary: Talking about Gay Issues in School (Gr. K-12)

Educational Training Version - The video shows real examples of school activities, faculty meetings, and classroom discussions about lesbian and gay issues. Includes viewing guide. 1997.

Z. America's Civil Rights Movement (multi-media kit)

Includes an Academy Award-winning documentary film on the Movement, *A Time for Justice*, a 108-page illustrated text, Free At Last: A History of the Civil Rights Movement and Those Who Died in the Struggle, and a teacher's guide. Video running time: 38 minutes.

AA. Penobscot: The People and Their River

The Penobscot People have lived on the Penobscot River for thousands of years. The river has been our highway, as well as our source of foods and medicines. We consider it a living thing and gain from it our spiritual and our physical sustenance. This film points out how the Penobscot Nation as well as the other people of Maine share a common interest in the health of the Penobscot River and its watershed. It also talks about what must be done—and what the Penobscot People are doing—to restore and protect the Penobscot River. Produced by the Penobscot Nation. Running Time: 28 min.

BB. Start Seeing Diversity: The Basic Guide to an Anti-Bias Classroom

This video and comprehensive guide introduce teachers to bias as it emerges in the early childhood classroom, and help them establish a framework to respond effectively. Part 1 of the video gives a brief summary of the four goals of an anti-bias approach and eight underlying assumptions. Part 2 contains individual sections that address six specific areas of bias: age, gender, sexual orientation, economic class, physical abilities and physical characteristics, and race and ethnicity. 51 minutes. 1999.

CC. A Place at the Table: Struggles for Equality in America (2 copies)

Recommended for grades 8 and above, this resource from Teaching Tolerance includes a new documentary film exploring the historical struggle for equality through the eyes of today's young people, as well as a richly illustrated text and a complete teacher's guide. The video spans three centuries to show how individuals and groups have toppled barriers in education, transportation, voting, employment, housing and other areas to become full participants in our democracy. Video running time: 40 minutes.

DD. Making Things Right: Restorative Justice for School Communities

This video provides an overview of the principles and practices of Restorative Justice in school settings, and includes interviews with teachers, administrators, parents and students who have all been impacted by the process. Running time: 23 minutes. Includes guidebook.

EE. Set Straight On Bullies (Grades K-9)

This video was created to help parents, educators, law enforcers, other concerned citizens, and students understand exactly what bullying is and how it can be prevented. The 18-minute video explores all sides of the bullying problem, from bully, to victim, to the parents of both, as well as the community and educational system this problem undermines. Shown through the eyes of a young bullying victim, it brings to light the damaging effect that bullying has on all who are involved. Includes 50-page facilitator's guide.

FF. A Credo for Support

This powerful 4-minute video set to music offers a series of suggestions for people who care about and support someone with a disability. It prompts viewers to question the common perceptions of disability, professionalism, and support. 1995

GG. Real Kids: What We Learned About Bullying (Grades 2-4)

Being bullied at school or at home can leave a child feeling hurt and threatened. This program offers youngsters the strategies to stop the cycle of bully/victim behavior. Through dramatizations and real kids' revelations, students will identify and begin to understand the motivations and feelings that exist within the bully and the victim. 16-minute video, teacher's guide, worksheets, poster, game, audiocassette.

HH. Speak Up!: Improving the Lives of Gay, Lesbian, Bisexual & Transgendered Youth

Gay, lesbian, bisexual and transgender students and their allies face unique challenges of violence and harassment in schools. Speak Up! Explores what these students have done to transform their schools into safer and more welcoming environments. Interviews with students, parents, teachers, administrators and national activists highlight not only the need for transformation, but offer resources and advice for those actively working for change. 30-minute video.

II. Bullying, Teasing & Put-Downs: What Victims Can Do

This fast paced video raises important questions for children about bullies and their victims. Children share their own real life experiences with bullying. Counselors and youth workers share expert advice on why bullies misbehave and what can cause someone to be the target of bullying behavior. Grades 4-8. 22-minute video.

JJ. Tolerance: Responding to Differences

This video is designed to help educators meet the challenge of tolerance education. 20-minute video and student activities.

KK. Dealing with Difference: Opening Dialogue About Lesbian, Gay & Straight Issues

In this video students will view dramatization of common instances of LGBT harassment and hear from a variety of students--LGBT and straight--about their experiences in school. 35-minute video and student activities and fact sheets.

LL. No Name Calling: Creating Safe Environments

This video includes realistic dramatizations, intervention strategies, and student reflections. The resource guide extends the learning experience through a variety of activities that build awareness, empathy, and concrete skills for dealing with name-calling and bullying. Grades 4-9. 28-minute video with student activities and fact sheets.

MM. ...But Names Will Always Hurt Me

Produced by the Civil Rights Team Project, Maine Attorney General's office. This video includes personal accounts of discrimination and hate conduct from young people in Maine. 25 minutes, 2003.

NN. Talking with Your Young Adolescent About Bullying

A multimedia program for educators and parents of children in grades 5-8. Packet includes:

--Taking Action to Stop Bullying: A Literacy-Based Curriculum Module, with 12 lessons for middle-grades English language arts and/or health education classes and after-school programs.

--Communicating About Bullying, an engaging game that provides a fun prompt for discussions pre-teens and parents. Available in Spanish and English.

--Talking with Your Young Adolescent About Bullying, a short video for parents, in English and Spanish. Tips for parents on communicating with tween-age children (ages 10-13) about reading, life, and bullying.

--Implementation Guide for the Program, provides guidance for those coordinating use of the program or its component parts.

OO. Mighty Times: The Legacy of Rosa Parks

Mighty Times revisits a familiar historical event--the Montgomery Bus Boycott of 1955 and 1956--and finds new stories that introduce new heroes. The film presents the birth of the civil rights movement and provides a model for young activists who are looking to make positive change in their communities. Includes 40-minute video, and viewer's guide.

PP. Restorative Strategies for Schools: Roundtable Discussions 1

Four expert practitioners of restorative practices discuss how to address a range of disciplinary and behavioral issues in schools, including attendance issues, bullying, and working with parents. 52 minutes.

QQ. Restorative Strategies for Schools: Roundtable Discussions 2

Includes more topics not covered in part one such as restorative consequences, making apologies, and dealing with difficult situations. 56 minutes.

RR. Beyond Zero Tolerance: Restorative Practices in Schools

Documents the implementation of restorative practices in a variety of secondary schools in the USA and the Netherlands. Students, teachers and administrators speak candidly about the effects of restorative practices in their schools. 27 minutes (also includes 15 minute abridged version). *Specify VHS, DVD, or revised 2008 DVD version.*

SS. We Can Work It Out! Conflict Resolution, K-2

This program teaches the youngest students strategies for resolving conflicts. Shows how asking questions, listening and thinking of ways to do things differently can provide satisfying solutions. Sunburst, 1996. Includes 11-minute video, teacher's guide with worksheets and cassette.

TT. A Force More Powerful

A two-part documentary series on one of the 20th century's most important and least-known stories – how nonviolent power overcame oppression and authoritarian rule. In South Africa in 1907, Mohandas Gandhi led Indian immigrants in a nonviolent fight for rights denied them by white rulers. The power that Gandhi pioneered has been used by underdogs on every continent and in every decade of the 20th century, to fight for their rights and freedom.

UU. The Worst School I've Ever Been To

A moving story about young people working to change their behavior and achieve their goals, the video is also instructive, showing a variety of restorative practices as they happen. IN interviews, students related their feelings about the school and the ups and downs they're going through. Footage of classes field trips and other activities round out the portrayal of the program. 2004. 62 minutes (DVD-R version may not play in all players)

VV. Six Conferences: A Composite View of Conferencing in Programs for Troubled Youth.

Six real restorative justice conferences were taped, with the permission of the participants, at foster group homes or alternative school-day treatment. Footage from the conferences, which were held for offenses ranging from truancy and leaving school grounds to theft and bringing a knife onto a school bus provide viewers with a realistic view of conferencing. Some conferences are highly emotional; others are less successful. But follow-up interviews with

conference participants who that even a so-called “unsuccessful” conference can produce meaningful outcomes. 75 minutes. 2004. (DVD-R version may not play in all players)

XX. Burning Bridges

“Burning Bridges” is a 35-minute documentary about the arson of Mood’s Bridge, a historic covered bridge in Bucks County, Pennsylvania, USA, and the restorative conference held in its wake. The International Institute for Restorative Practices facilitated this emotional conference, which brought together six young men who burned down the bridge with their families and members of the community. Using news footage, interviews and video of the actual conference, the documentary tells the story of a community moving through grief and anger to healing.

YY. Building Our Community

“Building Our Community” is a 15-minute documentary about the positive impact of restorative practices at Collingwood Primary School, in Hull, UK, a city facing some of the most acute economic challenges in England. Once a school in crisis, with the adoption of restorative principles and practices Collingwood has built a highly positive school culture, created an exceptional sense of community and helped its pupils develop the skills to feel respected, secure, happy, and able to make the most of their lives. Video includes teacher, student and parent interviews.

ZZ. Toxic Talk: From Betrayal to Trust in a Workplace

“Toxic Talk” shows an actual restorative conference following a workplace incident in which staff members demeaned their supervisor behind her back and in the presence of customers. The conference, by providing everyone involved with a structured setting to express their emotions freely and honestly, transformed the negative feelings created by the incident into positive ones. The process restored relationships and created a healthier work environment. This restorative experience stands in stark contrast to the way most workplace conflicts are handled, where negative feelings fester and toxic talk persists. 2007. DVD. Running time: 22 min.