

SPORT CLUBS RELEASE & ASSUMPTION OF RISK

ACKNOWLEDGEMENT OF RISK: I hereby acknowledge and agree ultimate frisbee, hereinafter ultimate, and similar activities have inherent risks. I have full knowledge of the nature and extent of all the risks associated with ultimate and indoor ultimate competition, including, but not limited to: all manner of injury resulting from contact with other players; abrasions, contusions, concussions, strains and sprains, fractures, and other physical injuries resulting from activity/event/competition including but not limited to; cuts, punctures, abrasions, and fractures resulting from contact with the ground, bleachers, equipment such personal gear, sprinkler heads, rugby sleds, and others in and on the Lengyel Field, and other appurtenances like benches, chairs, tables, other competitors, and/or other people; failure of protective equipment and other safety measures and gear; injuries caused through inappropriate technique or overuse including but not limited to tendonitis, strains, sprains, abrasions, bruises, dislocations, joint swelling, muscle aches, and fractures; harm and injury, including death, shortness of breath, light headedness, heat stroke and other heat-related conditions, dehydration, cramps, and conditions resulting from increased heart rate, increased blood pressure, and strenuous physical activity.

I further acknowledge and accept that the above list is not exhaustive and does not include all possible risks or injuries associated with this UMaine Sport Club activity/event (Ultimate), and that the above list in no way limits the extent or reach of this release and assumption of risk.

HOLD HARMLESS/INDEMNIFICATION: The undersigned, in consideration of being permitted to participate in this event/activity do hereby and irrevocably, personally and for his/her heirs, assigns, and legal representatives Release & Waive any and all past, present, and future claims, demands, and causes of action which the undersigned now has or may in the future have against the University of Maine, Campus Recreation, The UMaine Ultimate Club, and its instructors, representatives, officers, agents, & employees, and each of them, for any and all past, present, and future loss or damage to property and/or bodily injury, including death, however caused, resulting from, or arising out of or in any way connected with my involvement in this activity/event, including but not limited to the negligence of the University of Maine. In consideration of their involvement & participation in this event/activity, the undersigned agrees to **INDEMNIFY AND HOLD HARMLESS** the University of Maine from any and all causes of action, claims, demands, losses, or costs of any nature whatsoever arising out of or in any way relating to the undersigned's involvement and/or participation in this event/activity, including but not limited to the activity itself and other associated events/activities. The undersigned hereby certifies that he/she has full knowledge of the nature and extent of the risks inherent in this event/activity and that he/she voluntarily assumes these risks. The undersigned understands that he/she will be solely responsible for any loss, damage, or injury, including death, sustained while engaged in this activity/event and that by signing this Release & Assumption of Risk that he/she is relieving the University of Maine of any and all liability for such loss, damage, or death.

I, the undersigned, certify that I am in good health and that I have no physical limitations that would preclude my safe involvement/participation in this event/activity. In addition, I certify that I am of legal age and otherwise legally competent to sign this agreement. I further understand that the terms of this agreement are legally binding on me. I certify that I am signing this Release & Assumption of Risk, after having read the same, of my own free will. I acknowledge that accommodations are available to me by simply making a request to the Campus Recreation Director (207.581.1082).

I hereby authorize and give full consent to Campus Recreation and the University of Maine to copyright or publish all photographs, slides, or video in which I, the undersigned, appear while participating in any of their programs or activities. I further agree that Campus Recreation or the University of Maine may transfer, use, or caused to be used these photographs, slides, and/or video for public displays, publications, commercials, and advertising purposes without limitation or reservation.

Participant's Signature

Participant's Printed Name

Date

Guardian's Signature (If Participant is under age 18)

Guardian's Printed Name

Date

Witness' Signature

Witness' Printed Name

Date