

### UMAINE OFFERS Trip to Mount Auburn Cemetery, Cambridge

University of Maine Cooperative Extension will offer a trip to Mount Auburn Cemetery in Cambridge, Massachusetts on Friday, June 5, 2009. Mount Auburn Cemetery is a National Historic Landmark and one of the most beautiful landscapes in America. Participants will be lead on a guided tour of the 175- acre grounds which include over 5,000 trees, thousands of shrubs and herbaceous plants, hills, dells, ponds, and woodlands. For a glimpse of the grounds, go to the Mount Auburn Cemetery website <http://www.mountauburn.org/>. Cost is \$40/person. To register contact Colleen Hoyt at 780-4205. Deadline is May 15th.

#### ~A Message from your President~

#### **It Doesn't Get Any Better Than This!**

Those seeds are sprouting in all of my south-facing windows, coleus cuttings are waiting to be transplanted to porch pots, those tender garlic shoots are a true "spring green", and the rhubarb and peonies are making headway. These are the days when gardening trumps everything. Those lists get longer and we settle for pulling something out of the freezer in order to spend a bit more time getting things in order. Later, how nice it is, from a good vantage point, to inspect our handiwork while sipping a "cuppa" tea.

It's easy to get carried away with our own projects just when we are going "full tilt" in our own gardens. Don't forget to heed the call when you see e-mails about the upcoming plant sale on May 16<sup>th</sup> from 8:30-2:00. We will need many extra hands for this great fundraiser which supports scholarships and community "seed projects". Please take some time to divide your perennials, help with the sale that day, or find a plant that will work in your own yard.

And, on my windowsill, a card:

*"All gardeners  
live in beautiful places  
because they make  
them so."  
Joseph Joubert*

*Happy Planting! Beth Owens (02)*



# May 2009



## Upcoming Events



**May 16** Master Gardener Plant Sale, Barron Center, Portland

**May 23-25** Plant Sale, Maine Wildlife Park, Gray

**June 5** Chartered bus trip to Mt Auburn Cemetery, FMI 780-4205

**June 18** Annual Peony Bloom & Ice Cream Social, Gilsland Farm, Maine Audubon

**June -August** Tate House events on Wednesdays 10-12 FMI 774-6177 or [www.tatehouse.org](http://www.tatehouse.org)

**July 10** Maine Beaches Conference, SMCC, FMI please email: [kngrant@maine.edu](mailto:kngrant@maine.edu)

The University of Maine Cooperative Extension has announced the publication of **Maine Home Garden News**, a statewide newsletter designed to equip home gardeners with practical information on successfully growing vegetables, fruits and herbs, as well as flowers, lawns, shrubs and trees. Check out May's newsletter. Here's the link: [extension.umaine.edu/gardennews/March2009.htm](http://extension.umaine.edu/gardennews/March2009.htm).

### Garden Tour

We still need help for the **Backyard Locavores** tour on August 8<sup>th</sup>. The tour has a southloop in Cape Elizabeth and a north loop in Yarmouth and Cumberland. We need helpers for all the gardens to help direct traffic and general help with the event. If you want to know more contact Andrea at 780-4205 or email [aherr@umext.maine.edu](mailto:aherr@umext.maine.edu)

### Directory Changes

Let us know if you have any address, phone number or email changes. Please update your directory:

Mary McNeil	<a href="mailto:mcneil4745@roadrunner.com">mcneil4745@roadrunner.com</a>
Louisa Moore	<a href="mailto:lrandmoore@gmail.com">lrandmoore@gmail.com</a>
Claire Langlois	<a href="mailto:Claire.Langlois@Fairpoint.com">Claire.Langlois@Fairpoint.com</a>



## 8th Annual Garden Artisan Show Sunny Acre Farm 165 Middle Road Falmouth

Sat/Sun May 30th-31st 9-2 pm

Sat/Sun June 6-7th 9-4 pm

Birdhouses, Hanging Baskets, Annuals and Perennials, Whimsical Metal Art, Garden Furniture, Mosaic Pieces, Garden Pottery, Twig Products, and more.....

FMI contact Tony DiPietro 781-2943  
[www.sunnyacrefarm.com](http://www.sunnyacrefarm.com)

### Master Gardener Plant Sale

**May 16, 2009**

**8:30-2 pm**

The MG spring plant sale is set for May 16<sup>th</sup>! All year gardeners wait for this fabulous event to seek out plants grown by MGs that they just can't do without. Don't forget to save some of your divisions for the sale. They can be dropped anytime at the office at 15 Chamberlain Ave., or taken to the Barron Center in Portland the evening of the 15<sup>th</sup> or morning of May 16<sup>th</sup>.

For more information please contact:  
Marilyn Brinnick [brinnick@maine.rr.com](mailto:brinnick@maine.rr.com)  
Deb Locke [damatos1@maine.rr.com](mailto:damat01@maine.rr.com)



### Volunteer Opportunities

Mid Coast Hunger Prevention in Brunswick is looking for a Master Gardener or two to assist them with designing, building and planting a raised bed vegetable garden (3 beds @ 4x10'). The raised beds will provide some fresh produce for the organization and will also be offered to a handful of individuals/families to experience growing their own produce. This project will span all ages.

There will be a planning session on May 14<sup>th</sup> from 1-2:30pm. Then on May 28<sup>th</sup> from 1-4 we will construct the beds. On June 2<sup>nd</sup> from 1-4 they will plant. Finally it would be great to have a handful of scattered workshops/education sessions surrounding gardening at the Mid Coast Hunger Prevention throughout the growing season.

If interested, please contact Amanda Hopkins at 207-373-6925 or [ahopkins@midcoasthealth.com](mailto:ahopkins@midcoasthealth.com)



### Good Will Industries

Master Gardener volunteers can gain volunteer hours working with Goodwill Industries. They have several ongoing projects, including helping to maintain the gardens and yards of their group homes. Here's the link to their website, if you would like to explore more about their agency. [www.goodwillnne.org](http://www.goodwillnne.org)

Please contact Carrie directly if you are interested:

*Carrie Burgin*  
 Volunteer Coordinator  
 Goodwill Industries of Northern New England  
 353 Cumberland Avenue  
 Portland, Maine 04101  
 207/774.6323, ext. 2308  
 fax: 207/773.0821

### Volunteer Opportunities

#### Shaker Village

May 16~9-1

The Friends of Shaker Village will have a work day on May 16<sup>th</sup> and would love to be joined by any Master Gardeners who are able to help. The work for the day entails moving 70 lavender plants to their new home up the hill. Soil will be mixed to fill the beds and then all the plants will be placed and watered in. Betz Golan will be supervising the day and if you've worked with her before you know she makes the day fun. You will come away with new knowledge and also an appreciation of the beautiful Sabbathday Lake Shaker Village.

*FMI please email Betz Golon [betzgolon@yahoo.com](mailto:betzgolon@yahoo.com)*

#### Plant a Row Opportunity

Leavitt and Sons (a local deli on Route One in Falmouth) has a couple of raised beds and other garden space outside their business on Route One in Falmouth. They are interested in having Master Gardeners plant (they will provide the seeds and seedlings, etc.) and maintain the garden space for the Plant-a-Row for the Hungry program. If this is of interest to you, please let me know.

*Amy 780-4205*



#### Garden Angels Needed for 2009

The goal of a garden angel is to assist others of limited financial means who also love to garden but are no longer physically able. Angels provide regular short visits throughout the growing season planting and caring for a small vegetable or flower garden and most likely forming a new friendship. Would you like to be a new Angel? Or if you want to continue to volunteer with this project during 2009 with your current recipient or prefer to be matched with another, please contact Clara Ross at 522-4557 or [clara.ross@yahoo.com](mailto:clara.ross@yahoo.com)

## Volunteer Opportunities

### Riverton International Gardens 47 Belmont Street Portland

This is a new community garden project. They have an area for 20 plus plots that are 15 X 15. Help is needed to break ground, divide plots, amend soil, establish compost piles and assist with creation of water collection system and fencing. If you are someone who likes to see a project started from scratch this would be a good opportunity for you.

Please contact directly:

*Caroline Wagner mainewag@myfairpoint.net*  
797-2894

Looking for individuals or organizations that might be able to donate soil amendments, funds and other items. Please contact:

*Jason Aucoin 09 AUCOIJ@mmc.org*

### Back Cove Portland

It's spring and that means it is time to get the weeds under control. We need folks to weed the YardScaping Demonstration site at Back Cove in Portland. This can be done at your leisure. A couple of small shrubs also need to be re-planted (as they heaved up over the winter). If you have some time to give, please let me know and I will fill you in on the specifics. *Amy 780-4205*

### Community Garden in Portland Needs Assistance

Riverton Community Association is establishing a garden adjacent to Riverton School. (outer Forest Ave in Portland) They will be having several work days.

Please contact Caroline Wagner at  
*mainewag@myfairpoint.net* or 797-2894



### September 11th Memorial Garden Eastern Prom ~ Portland

There is a beautiful Memorial Garden on the Eastern Prom that was created several years ago by Master Gardeners Karen Henderson and Ann Miles. At this time it is in need of being adopted by one or two master gardeners who can give it some on-going care. It was designed to be low maintenance so checking it once a month will most likely be all it needs.

It is an important and visible garden in the City. If you are able to sign on to this project let me know. *Diana 780-4205*

### Bowdoin Organic Garden

This project involves supervising small groups (roughly 5-10 kids plus 1-2 adults) around the South Street garden on the Bowdoin campus, and assist them in planting, tending and harvesting a small amount (from roughly a 10' X 10' square) of common kitchen garden crops periodically throughout the summer.

If interested in this project please contact:

*Katherine Creswell 503-970-1877*  
*Mary Lou Kennedy 725-3067*

### Rivers Edge Garden 35 Rivers Edge Road Gray

This project involves teaching residents of a group home ages 18-36 years. There is a plot approximately 8 X 10 that will be used for a vegetable garden. The project expects that the residents will maintain the garden once it is established.

Please contact:

*Jesse Doiron 428-4039*  
*Shirley LaBranche 699-4222*

*Cumberland County Master Gardener Association Community Projects Grants*

Master Gardeners are invited to submit an application for a grant through the Cumberland County Master Gardener Association's Community Projects grant initiative. The funds can be used to launch a new project or to sustain an existing horticultural related project located in Cumberland County. The project must be for the benefit of a community, school, or non-profit organization in which the Master Gardener is actively involved. There will be 3 to 5 awards ranging from \$75 to \$250 each.

~The grant can be used for equipment, supplies, or educational materials related to a horticultural project. Grant funds must be expended by September 30, 2009.

~Grant recipients will provide a final report and a budget indicating how the funds were spent by December 1, 2009. Photos and testimonials documenting the progress of the project are encouraged to be submitted along with the final reports. Because of the educational benefits from learning about successful community projects in which Master Gardeners are involved each recipient is encouraged to describe the project at the Master Gardener's annual meeting held in January.

~**Eligibility:** A Cumberland County Master Gardener current on community service volunteer hours.

~**Funding Priorities:** Priority for grants is for projects that reach a large number of people and for which other financial support is unavailable. Projects needing one-time funds are given priority over those requiring on-going support. Applicants may reapply for grant awards though preference is given to new applicants.

~**Other:** Cumberland County Master Gardener Association must be acknowledged in all publicity related to the project. .

Grant requests will be reviewed by the Cumberland County Master Gardeners Association board members. Successful applicants will meet all the grant requirements and reflect the mission of the Cumberland County Master Gardeners Association.

~**Deadline for application:** Requests must be received at the Cumberland County Cooperative Extension Office, 7 Chamberlain St., Portland by 4:00 pm on Friday, May 31<sup>th</sup>.

The Cumberland County Master Gardeners Associations' mission is to support Master Gardeners involved in horticulture projects through educational opportunities, association with other gardeners, volunteering on community service related projects, and sharing knowledge and expertise with the public.

*Application Format*

***Cover Letter***

*Include a cover letter, **not to exceed one-page**, which states the amount requested and provides a brief description of the project and applicants contact information.*

***Part 1: Proposal Narrative***

*Submit a proposal narrative, **not exceeding 2 pages**. The narrative should focus on the grant request and should include the following (if applicable):*

*Proposed use of requested funds.*

*Targeted population and geographic area to be served by this project/program.*

*Name of community group, school, or organization benefiting from project.*

*Name of master gardener and involvement in project.*

*Desired outcomes and plans for achieving them.*

*Other sources of support committed thus far.*

*Collaborators or other groups involved in project.*

*Please submit applications to Diana in the office by May 31st.*

### Employment Opportunity in Freeport

Homeowner in Freeport needs someone for continual care through October to mow, tend the gardens and do general care. Approximate time, 20-40 hours/week. This is a paid position.

Please contact:

Vicki Burnstien at 856-0430 or [vpeewee@suscom-](mailto:vpeewee@suscom-)

### Recording Your Master Gardener Hours

Recording is easy!

You will find the link when receiving your MG newsletter or here it is again for your convenience:

[http://www.umaine.edu/umcecumberland/ccmg/MG\\_monthly\\_report.html](http://www.umaine.edu/umcecumberland/ccmg/MG_monthly_report.html)

Thank You!!

Diana



Here is some research conducted by the National Gardening Association on food gardening in the US.

<http://www.gardenresearch.com/files/2009-Impact-of-Gardening-in-America-White-Paper.pdf>

### CCMGA Board Members

Beth Owens, *President*

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Diana Hibbard

Colleen Hoyt

*Extension Educator*

*Horticulturist*

*Home Horticulture Coordinator*

*Administrative Assistant*

### Rhubarb Muffins

Ingredients:

1 egg

1 1/4 cups packed brown sugar

1 cup buttermilk

1/2 cup vegetable oil

2 teaspoons vanilla

2 1/2 cups all-purpose flour

1 teaspoon baking soda

1 teaspoon baking powder

1/2 teaspoon salt

1 1/2 cups fresh rhubarb

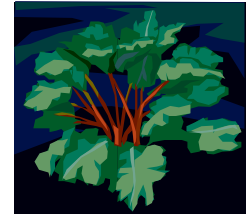
1/2 cup chopped walnuts

TOPPING:

1/3 cup sugar

1 teaspoon ground cinnamon

1 teaspoon butter, melted



In a mixing bowl, beat egg. Add brown sugar, buttermilk, oil and vanilla; beat for 1 minute. Combine dry ingredients; stir into sugar mixture just until moistened. Fold in rhubarb and walnuts. Fill greased or paper-lined muffin cups three-fourths full. Combine topping ingredients; sprinkle over muffins. Bake at 375° for 20 to 25 minutes or until a toothpick comes clean.

Yields 12 muffins

Karen Thurlow-Kimball (97)

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If you are a person with a disability and will need any accommodations to participate in any program, please call Dick Brzozowski at 1-800-287-1471 to discuss your needs. Please contact us at least 5 days prior to this event to assure fullest possible attention to your needs.

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