

# Master Gardener Volunteers Newsletter

Monthly Newsletter for Cumberland County Master Gardener Volunteers

*From the Master Gardener Board President:*

## Food For Thought

Many of you (75!) were able to hear a wonderful presentation by Lisa Fernandes at our Harvest Supper several weeks ago. We had a chance to visit with one another, share garden stories, and sample some great food. This was also a time to celebrate and honor some of the good works that are done by our own garden stewards.

I came away with some new energy. Lisa spoke about techniques which help to increase crop fertility and yields and she encouraged us to think about improving overall ecosystem health. She leads a three-dimensional life. She is proof that we can make a change by rolling up our sleeves and find new ways to use our backyard harvests, create access to healthy food, connect people to resources, and build community networks. In these times when we are bombarded with dire warnings about world terror, it's nice to know that we are doing good things that do make a difference.

In the next few weeks as you are cutting back those perennials, preserving the harvest, and raking leaves, think about ways that we as a group can continue to do good work in our communities. Your Board meets monthly and we'd love to hear from you.

Food for thought.....

*Beth Owens (02)*

## Master Gardener Training 2010

*Master Gardener Classes are Scheduled to Begin February 5, 2010*

Master Gardener training sessions are scheduled to take place over 16 consecutive weeks from Feb 5 through May 15 at the Maine Audubon in Falmouth. This year our basic training will feature fruits & vegetables. The class size is limited to 30 people from Cumberland County.

Current Master Gardeners may participate in any of the sessions. If you plan to attend please let Colleen in the office know; seating is limited. If you know anyone that would be interested in applying, we would be happy to send them an application packet. The deadline for applications is December 18th.



# November 2009



## Upcoming Events



- November 6,7,8~** MOFGA'S Annual Conference, Farmer to Farmer Conference, Pt Lookout, Northport, FMI mofga.org
- November 17** Maine Confronts Climate Change, 7 pm, Falmouth Memorial Library, FMI 781-2351
- November 26~** Thanksgiving Day
- November 28 ~**McLaughlin Gardens, Cranberry wreaths, 10-12 or 1-3, preregistration required, \$30 members, \$35 non members, FMI 743-8820
- February 3-5 ~**New England Grows, Boston, FMI newenglandgrows.org
- April 17** Maine Garden Day, Lewiston High School
- May 15** Master Gardener Work Day

## NOFA Course in Organic Land Care

4 Locations

- Newburyport, MA January
- New Haven CT January
- Westchester County, NY. February
- Providence RI February

This is a 5 day course with an optional exam given at the conclusion of the course.

Early Registration is \$520 before December 18th  
Thereafter the cost is \$550.

Please visit the website for more information regarding dates and detailed information.

[www.organiclandcare.net](http://www.organiclandcare.net)

## Directory Changes

Let us know if you have any address, phone number or email changes.

- Claudia Bales  
38 Tapley Road  
Buxton Me. 04093  
207-929-4371  
[claudia\\_bales@yahoo.com](mailto:claudia_bales@yahoo.com)
- Adelaide Trafton [traftonbarn@gmail.com](mailto:traftonbarn@gmail.com)
- Ryan Bullock [rykimbull@gmail.com](mailto:rykimbull@gmail.com)
- Hope Lanza 207-619-4673.

## Volunteer Opportunities

### Gray Wildlife Park

Assistance is needed at the park to put the gardens to bed. If you are interested or need more information please contact Ray at: [rclark02@maine.rr.com](mailto:rclark02@maine.rr.com)

### Casco Bay YMCA

The YMCA in Freeport on Route 1 is developing a landscape plan as an interactive trail system for families to enjoy. Linda Grant, Master Gardener (09) is spearheading the project and would love some assistance with the design of a sensory garden, installation and maintenance.

Part of the design is a berm to create a barrier between the trail and the roadway into the Y parking area. Also there will be a dragon sculpture for the children to climb on which might be surrounded by low planting of various textures.

If this project appeals to you, please contact Linda Grant at [lgrant866@aol.com](mailto:lgrant866@aol.com)

Or phone her at 846-6228



Dawn Hamilton (04) wins raffle at Harvest Supper assisted by Jon Thoma

### Reporting your MG Volunteer Hours:

Each month when you receive your newsletter you will find a link for reporting hours. Or bookmark the link below:

[http://www.umaine.edu/umcecumberland/ccmg/MG\\_monthly\\_report.html](http://www.umaine.edu/umcecumberland/ccmg/MG_monthly_report.html)

**\*\*Please only report total hours for each month\*\***

## General Information

### Master Gardener Volunteer Recognition 2009

(Photo page 4)

**Awareness** - an active Master Gardener who has been instrumental in drawing attention, addressing or helping to solve a specific issue related to horticulture or horticulture education

*Karen Thurlow-medicinal herb (Native American), Education  
171.25 hours*

**Beautification / Enhancement** – an active Master Gardener who has been instrumental in the establishment or success of any project within Cumberland County that has beautified or enhanced a community or a public landscape.

*Deb Locke-MG Board, Tate House 149 hours*

**Community Service** – an active Master Gardener who has been instrumental in the establishment or success of any project that has served a specific population segment of the community such as low income, youth, disabled individuals, minority populations, the elderly, etc. This category would include such projects as PAR, Garden Angel, 4-H, scouting or schools.

*Katy Gannon Janelle-designing an implementing the Lois  
Murphy Kindness Garden and the Falmouth Middle School  
35 hours*

**Demonstration / Educational Garden** – an active Master Gardener who has been instrumental in the establishment or success of any project that has involved a public demonstration garden or educational garden.

*Jen Winger-helped establish the Wentworth Middle School  
Garden, integrated MAG curriculum  
46 hours*

**Educational Material Development** – an active Master Gardener who has been instrumental in designing and developing educational materials or a display on a horticulture related topic.

*Brett Thompson-Worms and Vermaculture, teaching: Skillins,  
Bowdoin Central School, Girl Scouts*

**Rookie of the Year** –

*Sandy Wachholz- Invasives, Back Cove, CCEA Board, Using  
information with students at USM 112.5 hours*

**Master Gardener Ambassador** -

*Betsy Johnson-MG Board, Co Chair of MG Plant Sale,  
Flower Show Auction Committee*

**Most Hours:**

<i>Nancy Miles</i>	<i>430 hours</i>
<i>George Connors</i>	<i>312 hours</i>
<i>Vanessa Wallace</i>	<i>300 hours</i>

## The Extension Proudly Names:

*Mike Sowers (2004)*  
2009 Master Gardener of the Year  
For his numerous contributions to the  
Master Gardener Program

## Annual Master Gardener Plant Sale

I want to take this opportunity to thank the MGs who divided plants this fall in preparation for the May Plant Sale. They are predicting relatively warm temperatures this week and next week. Let me know if you have any plants for me to pick up. I still have some room in my winter storage area and can hold them until next spring. I also have lots of pots thanks to many donations, so you can just put them in plastic bags and I'll pot them.

*Marilyn Brinnick (99) Plant Sale Chair  
brinnick@maine.rr.com or 926-4060*

Please check out this site eXtension web site:

<http://www.extension.org/>

## Volunteer Award Recognition~ Harvest Supper



Mike Sowers, Karen Kimball, Katy Gannon-Janelle, Betsy Johnson, Brett Thompson, Deb Locke, Sandy Wachholz, missing~Jen Winger

### CCMGA Board Members

Beth Owens, <i>President</i>	Deborah Locke
Barb Hager, <i>Vice President</i>	Shawn McFarland
Betsy Johnson, <i>Secretary</i>	Ellen Call
Maryellen Thoma, <i>Treasurer</i>	Marty Schindler
	Tim Walsh

### Staff

Richard Brzozowski	<i>Extension Educator</i>
Amy Witt	<i>Horticulturist</i>
Diana Hibbard	<i>Home Horticulture Coordinator</i>
Colleen Hoyt	<i>Administrative Assistant</i>
	<b>207-780-4205</b>

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