

Yes We Can (and we did!)

For the cost of a movie ticket, 275 people were treated to our first (and not last) "Locavore Tour" on August 8th. For many of us who garden, we were not sure that we could pull this off after a month of rain and cool temperatures. Triumph we did, and we had a gorgeous day to display garden produce, beautiful flowers, and yard critters (bees, lambs, and chickens). Fruits, veggies, and herbs were made into wonderful jams, pickles, salsas, and smoothies....Our thanks to all of the Master Preservers, Master Gardeners, garden owners, attendees, and our staff who worked on this very successful fundraiser to benefit our future home at Tidewater.

This wraps up our 3rd fundraiser this year and, as with the others, we exceeded our profit expectations. We all love garden tours but this one certainly fulfilled our Master Gardener mission of public outreach and education.

We should be on "cruise control" now gathering the bounty. Don't forget to share some of your harvest with friends and neighbors. Enjoy these days as we'll be back in the traces soon.....

Beth Owens Board President

CCEA ANNUAL MEETING AND WALK THE COUNTY WALK-A-THON

On September 12, 2009, the Cumberland County Extension Association (CCEA) will hold its inaugural **Walk the County walk-a-thon**. Check-in will be from 9 am -10 am and the walk will be from 10 am to 2 pm. Walkers that raise at least fifty dollars to support the building of the Regional Learning Center at Tidewater Farm will receive a T-shirt to commemorate the event. You can register today at http://www.umext.maine.edu/tidewater/walk_the_county.htm, then send your friends and family invitations to sponsor you at this 5 mile walk.

We have invited some local vendors to come sell their wares. There will be food and other items for sale. For more information on the walk-a-thon, contact Colleen Hoyt at 780-4205 or e-mail her at choyt@umext.maine.edu.

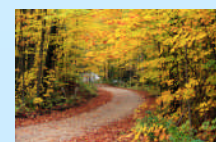
Following our walk, CCEA will be hosting its **Annual Meeting** at the same site from 3 to 5:45. CCEA will give out its annual volunteer awards and Professor Mark Lapping from the Muskie Institute at USM will speak about local food systems. Professor Lapping has done a national study for the USDA on the subject.

We will serve a tasty soup this year during the Annual Meeting and partake of the entry's of our ever popular pie contest. For pie contest rules *and/or to RSVP for the annual meeting*, call Lois Elwell at 780-4205 or e-mail Lois at lelwell@umext.maine.edu. Dick Brzozowski is organizing a silent auction, for the close of the annual meeting.

Both events need volunteers. We are looking for people to help park cars, be crossing guards, walk monitors or help with our registration table for the walk-a-thon in the morning. In the afternoon we are looking for parking attendants, pie runners & soup servers. If you are free Saturday, September the 12th, come volunteer! Call Andrea at 780-4205 or e-mail me at aherr@umext.maine.edu to make arrangements.



September 2009



Upcoming Events



September 12 2009 Walk-a-thon, 10 am – 2 pm,
FMI: 780-4205 or to register: http://www.umext.maine.edu/tidewater/walk_the_county.htm

September 12 CCEA Annual Meeting, Tidewater Farm, 3-5:45 p.m.

September 13 Dry Stone Wall Workshop, 9-4,
Yarmouth Community Garden, FMI Chris Tanguay @ 846-3863

September 13 "Soil to Supper" at Rippling Waters Farm in Steep Falls, \$10 donation, FMI Phil Jellen @ 642-5161 or volunteer.ripplingwaters@gmail.com

September 26 Composting Class at Skillins Nursery (3 locations) 10 am to noon

September 26 Tate House Year of the Garden, FMI Marilyn Brinnick @ brinnick@maine.rr.com

September 27-October 3 Cumberland County Fair

September 25-27 Common Ground Fair, Unity

Annual Harvest Supper

October 6

5-6 social hour, 6 pm dinner

This year's Harvest Supper will be at the Maine Audubon in Falmouth. It's the time we get together in the fall to celebrate your accomplishments and present certificates to Master Gardeners who have completed their hours.

We enjoy a pot luck supper and a speaker.

This year's presentation will be by Lisa Fernandez on the subject of Permaculture.

We will raffle off a wonderful gift basket and are looking for any donations you might like to add.

For more information visit Lisa's site at:

<http://www.meetup.com/portlandpermaculture/>

Friends and Family welcome

Stay tuned for more info.

Directory Changes

Let us know if you have any address, phone number or email changes.

Dry Stone Wall Workshop

Learn the traditional craft of dry stone wall building from a master craftsman in this hands-on full-day workshop. Build a lasting stone wall at Yarmouth Community Garden, and learn the skills and techniques to build your own at home. Chris Tanguay, the class instructor, is a certified Master Craftsman and examiner for the Dry Stone Walling Association of Great Britain.

The workshop includes morning coffee donated by the The Royal Bean and lunch donated by Clayton's Cafe. Stones for the wall are donated by Scott Dugas.

Proceeds benefit Yarmouth Community Garden's programs, including the growing of fresh organic vegetables distributed to local families and seniors in need, and to food pantries.

Instructor: Chris Tanguay

Date: Sunday, September 13 (rain date - Sept 20)

Time: 9:00 a.m. to 4:00 p.m.

Ages: Adults

Location: Yarmouth Community Garden
East Main Street, Yarmouth

Fee: \$75

Participants should bring sturdy work boots, safety glasses, and work gloves.

FMI please contact Chris Tanguay@ 846-3863



Reporting your MG Volunteer Hours:

Each month when you receive your newsletter you will find a link for reporting hours. Or bookmark the link below:

http://www.umaine.edu/umcecumberland/ccmg/MG_monthly_report.html

An IPM website you might find worth visiting:

<http://pmo.umext.maine.edu/homeowner/>

Volunteer Opportunities

2009 Cumberland Fair

138th Annual

Master Gardeners are hard at work putting together an exhibit for our display at the Cumberland Fair. The display this year will feature "Keeping our Food Local." We will be partnering with the Master Food Preservers to include information about growing, buying, preserving and storing. I will be looking for volunteers to work at our exhibit everyday during the Fair schedule. Let me know if you would be willing to sign up for a 4 hour shift.
dhibbard@umext.maine.edu

This year's Fair runs from Sept 27- October 3rd and is located at 197 Blanchard Rd Cumberland Center

General Information

The Backyard Locavore Tour

The Backyard Locavore Tour, which took place on August 8th, 2009 in Cape Elizabeth, Cumberland, and Yarmouth, was a fantastic exhibition by 13 local farmers and gardeners who primarily grow, eat, and preserve their own food. It's amazing what you can do in your own backyard! The event was presented by the University of Maine Master Gardeners and Master Food Preservers of Cumberland County, to benefit the new home of the University of Maine Cooperative Extension in Cumberland County. Please check out this website by pasting into your browser for some great pictures of the day:

<http://www.davidbmerritt.com/index.php?q=node/23/>

CLYNCK

CUMBERLAND COUNTY MASTER GARDENERS HORTICULTURAL SCHOLARSHIP FUND

Help a deserving student go to college for a horticultural degree. All proceeds from this program will go to the CCMG scholarship fund. CCMG awards scholarships annually to outstanding applicants, majoring in horticulture, who need our assistance to attend college.

DONATE YOUR BEVERAGE BOTTLE DEPOSIT REFUNDS. IT'S EASY!

Collect your clean beverage bottles in the plastic bag we provide. (Please, no Smiling Hill milk bottles.) Bring your filled bag to the CLYNCK desk at participating Hannaford stores. Leave your bag at the CLYNCK collection spot by the door. That's it!

KEEP ON HELPING

Use our specially tagged Scholarship Fund bags for all your empty beverage containers. The sticker on the bag ensures your bottle deposit refund is credited to CCMG for the Scholarship Fund.

YOU CAN MAKE A DIFFERENCE

Plant a Row for the Hungry

I know the weather hasn't been the best for your vegetable gardens this year, but some crops are doing rather well despite our abundant rains.

If you have extra veggies consider joining the Plant a Row for the Hungry project and donate your extra produce to area food pantries and soup kitchens.

To get signed up call Colleen Hoyt here in the office at 780-4205.

You can make a difference in your community by joining with us in this effort in your community.

Norm Steele

"An addiction to gardening is not all bad when you consider all the other choices in life." *unknown author*

Please check out this site eXtension web site:

<http://www.extension.org/>

Dozens of different hardwood species act as hosts for the **fall webworm**; Birch (*Betula*), Lilac (*Syringa*), Crabapple (*Malus*), and Cherry (*Prunus*) act as some of the more common hosts in the Northeast.

The most notable aspect of this pest is the unsightly silken web that it produces. Many times, there are many of these webs per tree. These webs are started near the tips of the branches and gradually are extended down the branch towards the trunk. The caterpillars cover and skeletonize the foliage as they proceed. The adult moths are white and are rarely noticed or recognized except to the trained eye. Larvae are pale yellow and hairy. Injury is mostly aesthetic.

Adults are active from May into July and females lay small clusters of eggs on the undersides of the foliage. The newly hatched larvae appear by mid-July and begin to form silken webs around the foliage. Many caterpillars will occupy one tent or web. Larvae feed within the protection of the silken web and expand it downward toward the trunk of the tree throughout July and much of August. Pupation occurs on the ground or in the leaf litter in cocoons.

Small trees may be completely covered with silk and totally defoliated. However, injury happens late in the growing season, and if the tree is not under previous stress, most of the injury should be aesthetic and will not cause long term damage to the tree. Newly forming webs (mid-July) can be mechanically removed or treated. *Bacillus thuringiensis* (B.t.) is effective on the younger larvae. Never use fire to burn webs out of the trees. Fire can be extremely detrimental to the bark of the host plant and has the potential to cause much greater long-term injury than the fall webworm ever could.

Source: *Insects and Mites Factsheets, University of Massachusetts Amherst, Amherst MA 01003,*

Overnight Blueberry French Toast

6 eggs
2 1/3 c milk
1 1/2 t vanilla
1/2 t cinnamon
1/4 t nutmeg
1 t sugar
1 c blueberries (fresh or frozen)
1 French baguette or 8 slices loaf bread

Mix all ingredients except bread and blueberries. Spray a 9X13 pan with cooking spray. Cut baguette into 1-inch slices or cut regular bread slices in 1 inch cubes. Place bread in casserole dish. Place blueberries on top. Pour batter over bread. Cover with plastic wrap and refrigerate overnight. Bake @ 350 degrees for 40 minutes.

Judith Long (00)

Below you will find links to a couple of interesting articles. One is on the impact of phosphorus free lawn fertilizers and their positive impact on improving water quality. The second is on how homes have been shown to be responsible for 50% more pollution to watersheds via runoff than previously believed.

http://www.eurekalert.org/pub_releases/2009-08/uom-wqi081709.php

http://www.eurekalert.org/pub_releases/2009-08/acs-

CCMGA Board Members

Beth Owens, <i>President</i>	Deborah Locke
Barb Hager, <i>Vice President</i>	Shawn McFarland
Betsy Johnson, <i>Secretary</i>	Ellen Call
Maryellen Thoma, <i>Treasurer</i>	Marty Schindler
	Tim Walsh

Staff

Richard Brzozowski	<i>Extension Educator</i>
Amy Witt	<i>Horticulturist</i>
Diana Hibbard	<i>Home Horticulture Coordinator</i>
Colleen Hoyt	<i>Administrative Assistant</i>
	207-780-4205

Published and distributed in furtherance of Acts of Congress of May 8 and June 20, 1914, by the University of Maine Cooperative Extension, the Land Grant University and the State of Maine and the U.S. Department of Agriculture cooperating. Cooperative Extension and other agencies of the U.S.D.A. provide equal opportunities in programs and employment.

If you are a person with a disability and will need any accommodations to participate in any program, please call Dick Brzozowski at 1-800-287-1471 to discuss your needs. Please contact us at least 5 days prior to this event to assure fullest possible attention to your needs.

In complying with the letter and spirit of applicable laws and pursuing its own goals of diversity, the University System shall not discriminate on the grounds of race, color, religion, sex, sexual orientation, including transgender status or gender expression, national origin, citizenship status, age, disability, or veteran's status in employment, education, and all other areas of the University System. The University provides reasonable accommodations to qualified individuals with disabilities upon request.

Questions and complaints about discrimination in any area of the University should be directed to the Executive Director of Equal Opportunity, The University of Maine, Room 101, 5754 North Stevens Hall, Orono, ME 04469-5754, telephone (207) 581-1226 (voice and TDD).