



## University of Maine Cooperative Extension Maine 4-H Cloverbud Activities Record

My name is \_\_\_\_\_

My birthday is: month \_\_\_\_\_ day \_\_\_\_\_ year \_\_\_\_\_ My 4-H age is: \_\_\_\_\_

My 4-H club or group is \_\_\_\_\_

My county is \_\_\_\_\_

4-H Activities in my record are: \_\_\_\_\_

\_\_\_\_\_

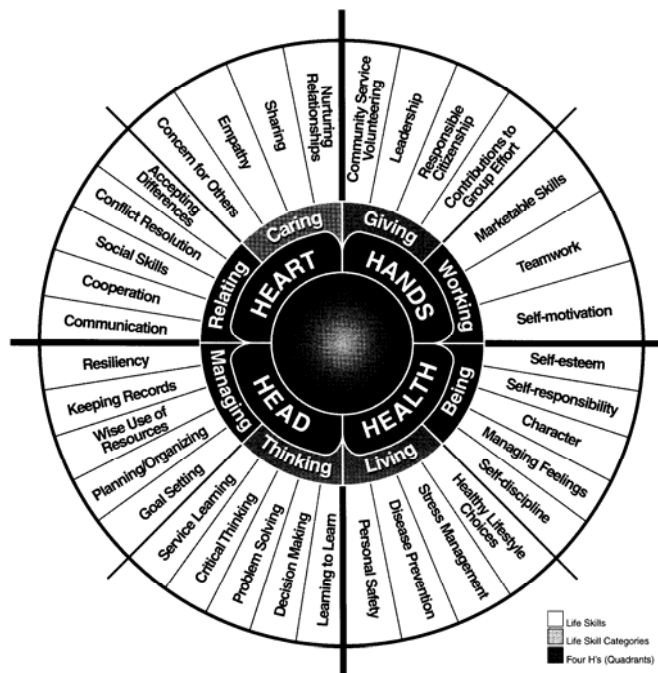
\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

### 4-H Life Skills I used in my activities this year:



Here is how I used the four Hs from the Life Skills Wheel  
in my activities this year:

(continued)



Head:

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Heart:

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Hands:

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Health:

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**My 4-H Story about**  
**My \_\_\_\_\_ Activity**  
(Use a separate page for each activity listed on the front)

What did you do? \_\_\_\_\_

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What did you learn? \_\_\_\_\_

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What did you like best about the activity?

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**Attach a photo or drawing about your activity**  
What does your photo or drawing show? \_\_\_\_\_

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