



# 4-H Connections



A NEWSLETTER FOR 4-H VOLUNTEERS AND FAMILIES ■ June 2009  
 Also available on the web at <http://www.umaine.edu/umext/york/4H/4-Home.htm>

## York County Leaders Association

The next meeting of the York County Leaders Association will be on June 1 at the Extension Office in Springvale. We hope to see you there.

### Acton Fair Novelty Exhibit

The Novelty Exhibit for the Acton Fair Exhibit Hall will be "Scarecrows" There will be a two foot limit including the base and hair to allot space for all of them in the exhibit hall. Get out your toddler clothes and get stuffing!

## Ossipee Valley Fair

It's not too early to be working on your fair project exhibits. Let's fill up the Exhibit Halls this year with some great projects! Please know that the Exhibit Hall needs to be monitored at all times. If you are entering items in the Exhibit Hall please sign up to take a turn in the hall. If you cannot sit in the hall yourself any of the parents can do the job. To sign up for a time please call Diane Qualey 793-4843 or Ann Boucher 793-2373. Ossipee Valley Fair is July 9 to July 12. All of the fair regulations and forms are online this year at [www.ossipeevalleyfair.com](http://www.ossipeevalleyfair.com) Check it out!



## Acton Fair Public Demonstrations

Plan ahead and think about something your club or members can teach the public. This year at Acton Fair we will be having kids spend 10 minutes in the Exhibit Hall teaching the public something they know about. There are no restrictions on the subject. What do you think the public would



enjoy? More details about times and sign-ups will come at fair time. For now start thinking and planning!



- June 1 7:00 PM Leaders Association Meeting
- June 6 [Eastern States Tryouts Prep Clinic](#) (Horse)
- June 19 - 21 [Youth Adventure Camp at Camp Tracy](#)
- June 26 - 28 [Maine 4-H Days](#)
- June 30 [Market Lamb Approval Forms](#) for Windsor and Fryeburg Fairs Due

### Acton Fair Food Booth Sign-Up

Deanna and Debbie will be managing the food booth this year. They will place the "regulars" in their "regular" spots. Here is what they have so far:

- Wednesday: 3:30 to close: Kidding Around
- Thursday: 6:00 to 11:00: Hoof and Boots  
11 to 3:30: Dirigo Dairy  
3:30 to Close: Lil' Kicks
- Friday: 6 to 11:00: 4 leaf clovers  
3:30 to close: Y.C. Shepherds
- Sunday: 6-11 Coastal Clovers

If your club is not listed or you would like to change your time, please contact Deanna at: [deanna9040@yahoo.com](mailto:deanna9040@yahoo.com) or 490-9040.

Make sure to sign up early and get the time you want! EVERYONE is asked to participate in the food booth. EVERYONE benefits from its income. Please help us in filling all the slots early this year. Deanna graciously volunteers to organize the times, help her out and sign up soon!



### June Birthdays

Jack Breton	June 8
Nathan Cole	June 18
Liam Cunningham	June 26
Abigail Grames	June 14
Gabrielle Guillemette	June 22
Carolyn Higgins	June 27
Mikaela Kaake	June 17
Mikaela Merrill	June 10
Keely Pearson	June 11
Rosie Perkins	June 4
Dana Tripp	June 4
Edward York	June 11



### **Animal Approval Forms**

A reminder that animal approval forms are due in your local county office by June 30<sup>th</sup>, the form can be found on the State 4-H Website at: <http://www.umext.maine.edu/4h/forms/webdocs/animalapprovalform.htm>

### **Vaughn Island 4-H Environmental Camp Life Skills & Natural Resources Education**

Vaughn Island is a 40-acre stretch of beaches, rocky shore, salt marsh, and oak/pine forest owned and cared for by the Kennebunkport Conservation Trust. Rich tide pools come alive with sea stars, urchins, mussels and an occasional lobster or seal pup. As one of fourteen islands surrounding Cape Porpoise harbor, it is accessible by foot during low tides and by canoe otherwise.

3 and 4 day overnight camping trips with environmental education focus at Vaughn Island and Cape Porpoise Harbor, Maine.

Space is limited. Pre-registration required.

Program fee is \$200-\$240

Print your registration materials [from this site](#) or call the York County Office for a brochure and application.

<http://www.umaine.edu/umext/york/vaughnisland/vaughnisland.htm>

### **There's still time to register for 4-H GPS/GIS TEK\* Trek**

\*Technology and Environment for Kids AKA Naturalist Camp, July 5-10, 2009 at Greenland Point Center and the University of Maine at Machias in Princeton and Machias, ME, for ages 12-15.



At Greenland Point Center campers will "Get Outdoors" to learn about wildlife and the woods, water, land, and air. GIS Camp participants will also collect GPS data and carry out a service mapping project for the Center and will spend a day and a half at UM Machias using the computer labs and exploring the campus. Special cost to 4-H members: \$150.00 for the entire week (non 4-H cost is \$250.00). To register, go to [www.greenlandpoint.com](http://www.greenlandpoint.com) Under Skills Camp, find Naturalist Camp – 4H GPS/GIS – At the bottom of the list, go to Click Here for Application. Apply Early! Camp is limited to 15 youth!

### **State Dairy Show and ESE Tryouts**

Save the Date! The 2009 Maine State 4-H Dairy Show will take place on July 18-19, 2009 at the Windsor Fairgrounds. More information can be found on the Maine 4-H Website's Dairy page at: <http://www.umext.maine.edu/4h/resources/dairy.htm>.



### **Make It With Wool Contest**

4-Hers in Maine are invited to enter the Make It With Wool Contest, a national competition sponsored by the American Sheep Industry Association. The state-level contest will be held on October 10, 2009 at the Page Farm Museum at the University of Maine in Orono. Contestants may enter garments made with wool that are sewn, knit, crocheted or felted. More information and rules for the contest are on our website at

<http://www.umext.maine.edu/4h/events/other/wool.htm> or you can contact Michael Bailey at 1-800-287-0274 or [mibailey@umext.maine.edu](mailto:mibailey@umext.maine.edu) for more information.

### **Morris Scholarship 2009**

Every two years Maine has the opportunity to select an Eastern States Exposition participant to receive a \$500 scholarship toward continuing his or her education beyond high school, and this is one of our years! To find information on how to apply for this scholarship, look online at:

<http://www.umext.maine.edu/4h/ese/morris.htm>

### **Maine 4-H Days**

Maine 4-H Days, held June 26, 27, 28, will be full of fun events for the whole family. This year we will offer some new workshops like Rocketry and Archery. The ever popular Digital Photography is back and try video photography as well. The Goat Track will have a veterinarian present a healthy goat seminar and will demonstrate how to test for internal parasites and at Dog Camp there will be lots of activities to learn about dogs. Parents who come as chaperones can participate in VOLT training if they are interested in becoming a 4-H volunteer and adults can also learn about what other clubs do in 4-H at the 4-H Speed Date Workshop!

Find all the details on our website:

<http://www.umext.maine.edu/4h/events/4hdays.htm>. Registration packets will be in the mail to each 4-H household at the beginning of June.

### **Market Lambs at Windsor and Fryeburg Fairs**



4-Hers planning to raise a market lamb to show and sell at the Windsor or Fryeburg Fair will need a special ear tag to participate in these two fairs. To get your lamb tagged, you'll need to bring them to one of these tagging sites:  
Cumberland County June Jamboree  
June 6, Noon

Franklin County Jamboree  
June 13 9-11:00 am

Oxford County Jamboree  
June 20 9-11:00 am

For more information contact Donna Flint at the York County Extension Office at 324-2814 or 1-800-287-1535



### **4-H Opportunities at the 2009 Skowhegan State Fair**

Fair Dates: August 13– August 22

Special 4-H Events:

4-H Exhibit Hall – Open to club displays and educational displays from any 4-H club in the State of Maine. Call 474-9622 to receive more information. Premiums are paid for Educational Displays. Individual members receive ribbons and premiums for projects in the club displays. New this year: The People's Choice Award (premium \$80.00) to any 4-H Club Display or 4-H Educational Display or Homemaker Group Display voted as #1 by the people visiting the 4-H Hall from August 13<sup>th</sup> to August 17<sup>th</sup>.

4-H Parade – Open to all 4-H clubs and independents who wish to parade their animals, themselves, or enter a float – Date: Sunday, August 16<sup>th</sup>.

Please call 474-9622 for info.

4-H Horse Show – Date TBA

4-H Livestock Shows – 4-H Dairy Cattle; 4-H Beef Heifer & Steer; 4-H Working Steer & Eastern States Tryouts; 4-H Sheep; 4-H Swine; 4-H Dairy Goat; and 4-H Poultry. Specific details and dates will be available online at [www.skowheganstatefair.com](http://www.skowheganstatefair.com) under the section marked updates.

### **Tanglewood 4-H Camps Do More for Families This Summer**

In this current economic climate many families need more help to make summer camp happen for their children. This summer season UMaine's Tanglewood 4-H Camp and Learning Center is making changes to keep camp fun, affordable, and easier to schedule for busy parents.

Before and After Care: New this year, camps in Lincolnville (Tanglewood) and Tenants Harbor (Blueberry Cove) will offer 'before- and after-care,' allowing more convenient drop-off and pick-up times. Care hours are 7:30 – 9:00 am,

and 3:00 – 5:00 pm. Parents reserving 5 or more weeks of day camp receive free care! Blueberry Cove Day Camp (Tenant's Harbor) Hosts Older Campers; Sailing Too! In addition to hosting campers aged 6-8, BBC offers an expanded day camp with special programs for youth aged 9-12, including "learn to Sail" weeks.

Graduated Fees for Parents: Campers are offered three different levels of fees based on Household income.

Scholarship Opportunities: Tanglewood also offers "camperships" that reduce camp costs. An application can be found on Tanglewood's website or in its camp catalogue. Contact Tanglewood at 207-789-5868 or go to [www.tanglewood4h.org](http://www.tanglewood4h.org).

### **Operation Military Kids Summer Camps**

For youth whose parents are in the military National Guard and Reserve Units and any children with parents who are, will be, or just arrived back from deployment.

#### **Dates:**

June 19 – 21, Camp Tracy in Oakland, ages 9-12, Transportation from regional areas (Bangor, Portland), Cost: \$25.00

July 31 – August 2, Bryant Pond 4-H Camp in Bryant Pond, Ages 13 – 18, Transportation from regional areas (Bangor, Portland), Cost: \$25.00

August 7-9, Bryant Pond 4-H Camp in Bryant Pond, Ages 13 – 18 (limited number of spaces), Transportation from regional areas (Bangor, Portland), Cost: \$30.00

For more information and registration forms contact Karen Hatch Gagne [karenhg@umext.maine.edu](mailto:karenhg@umext.maine.edu) or Heather Andrews [handrews@umext.maine.edu](mailto:handrews@umext.maine.edu), or call 1-800-287-1481.

### **Eastern States Tryout Prep Clinic (Horse)**

This event is being held to help our 4-Hers intent on trying out for the Eastern States team. It is a brush up on Showmanship, Equitation, and Pleasure, for both English/Saddle Seat and Western Competitors. We will be limiting the number of participants with horses to 12, to be able to give each person individual attention, but



spectators will be welcome.

Clinician: Kyle Smith – 4-H and Open Show Judge

June 6, 2009

Time: 10:00 am – 3:00 pm

Cost: \$40.00/participant

Where: Shamrock Farm, Pond Road, West Gardiner, ME

For more information contact Sarah Chadbourne at 408-1309

### **2009-2010 Maine Association of Livestock Exhibitors Membership**

The 2009-2010 Maine Association of Livestock Exhibitors membership form is now available on the 4-H website. Please note that when you send your form in, you are signing up for a membership in the Association, one of the benefits of membership is exhibitor liability insurance. For more information and access to the form, go to:

<http://www.umext.maine.edu/4h/forms/webdoc/maleform.htm>.

### **Governor's Volunteer Service Awards**

On April 21, Cooperative Extension and 4-H were well represented in the Hall of Flags at the Governor's Volunteer Service Awards presentations.



Lisa Phelps, 4-H Program Administrator, received an Exemplary Service Award for Excellence in Volunteer Management. Also Eleanor Pooler, 4-H Volunteer from Somerset County, received an Exemplary Service Award in the Volunteer of the Year category for 50 years as a 4-H Volunteer from Governor Baldacci.

### **Mobile Maine News Video Challenge**

Mobile Maine News and Cooperative Extension have partnered to promote citizen journalism by youth in rural communities. 4-H Youth have long been ambassadors of the communities they represent. This partnership will be an opportunity for youth to further community involvement through the use of technology and the acquisition of journalism skills. What makes Maine such a special place? Grab a camera and grab a story! The "best" video will be awarded first prize, a Flip HD Video Camera donated by the Perloff Family Foundation.

Criteria and more information can be found at: <http://mobilemainenews.com/?p=228> – click on the right side to view two workshop videos by 4-H from Milo.

Questions about this video challenge can be sent to Dr. Sunny Skye Hughes at [sunny.hughes@umit.maine.edu](mailto:sunny.hughes@umit.maine.edu). Other 4-H resources for completing this project are: <http://projects.4-hcurriculum.org/curriculum/filmmaking/> and [www.terrapodcast.com](http://www.terrapodcast.com).

### **Pine Tree 4-H Foundation Scholarships Awarded**

There were many qualified applicants for the scholarships awarded by the Pine Tree State 4-H Foundation at their Annual Meeting on May 14<sup>th</sup>. Out of the pool of talented 4-Hers, the following five youth were selected:



The Azure Dillon Scholarship was awarded to Marjorie Hardy, of Franklin County. Marjorie joined the Franklin County 4-H Dairy Club at the age of 5. She is an outstanding scholar and athlete at Mt. Blue High School. Marjorie will be attending the University of CT.

The Maine Farm Credit/Gladys Conant Scholarship was awarded to Jessica Smith, of Waldo County. Jessica has been in 4-H for 7 years. She is a member of Mt. View High School. Jessica will be attending the University of Maine, Orono.

The Foundation Scholarship was awarded to: Ashley Martin, of Cumberland County. Ashley has been in 4-H for 8 years. She attends Gorham High School. Ashley has been accepted to many colleges and will be making her decision soon.

Allison Moon, of Cumberland County. Allison has been in 4-H for 13 years. She attends Freeport High School. Allison will be attending either Southern Maine Community College or Vermont Tech in the fall.

Brianna Hanington, of Aroostook County. Brianna has been in 4-H for 6 years. Brianna

attends Hodgdon High School. Brianna has been accepted at the University of Maine, University of Southern Maine, and Michigan State University.

Please join us in congratulating these exceptional 4-H youth, and all of the other applicants for their continued hard work and accomplishments.

### **Water Quality Project for 4-H Clubs**

Crista Straub, a graduate student at the University of Maine is helping to implement the "GET WET!" program in 4-H groups across New England. This program works with local students and the community to create a long-term groundwater quality database for towns where there is shared use of groundwater resources. For detailed information please read the GET WET! Website [www.umaine.edu/WaterResearch/outreach/GetWet/index.htm](http://www.umaine.edu/WaterResearch/outreach/GetWet/index.htm). They already have schools scheduled to participate in GET WET! and are looking for different 4-H groups to start in the Fall of 2009. For a flyer with more information, contact Christy Fitzpatrick at [cfitz@umext.maine.edu](mailto:cfitz@umext.maine.edu).

### **Carrot Cookies Recipe from 4-H EDGE Weekend**

At 4-H EDGE, there was a workshop on "Standard-Bred Horse Re-training" led by Dr. Norinne (Nonni) Daly. Many of the attendees heard Dr. Nonni talk about carrot cookies she makes for her horses, and asked for the recipe. So, thanks to Dr. Nonni, here is the recipe for a special treat for all of you horse lovers!

#### **Carrot Cookies (for horses)**

- 1 cup dry oatmeal
- 1 cup flour
- 1 cup shredded carrots
- 1 teaspoon salt
- 1 teaspoon sugar
- 2 teaspoons vegetable oil
- ¼ cup molasses

Mix ingredients in a bowl as listed. Make into little balls and place on a greased cookie sheet. Bake at 350° for 15 minutes or until golden brown.